Welcome to today’s Behavioral Health Task Force Meeting

We will begin shortly. All lines have been automatically muted.

While you are waiting TEST YOUR AUDIO. LISTEN FOR MUSIC.

Please use the chat feature for questions or raise your hand.

Thank you.
Behavioral Health Task Force
Agenda

● Welcome: Dr. Sara Salek
● ADHS Update: Teresa Ehnert
● AHCCCS Update: Dr. Sara Salek
● Peer and Family Support Program Update: Jamie Green
● State Suicide Prevention Plan Update: Kelli Williams
● Healthcare Worker Wellbeing Initiative: Dr. Mark Carroll
● CCP Update: Justin Chase
● Questions, Open Discussion & Wrap-Up: All
ADHS Update

Teresa Ehnert
Bureau Chief, Public Health Emergency Preparedness
Health Emergency Operation Center/ ESF8
PHEP/HPP Director, Arizona
AHCCCS Update

Dr. Sara Salek, MD
Chief Medical Officer
AHCCCS
Peer Support and Family Support Services
Update

Jamie Green
Healthcare Advocacy Coordinator
Office of Individual and Family Affairs
AHCCCS
Bringing Care to Members

- TLCR built 10 new Telehealth rooms and 4 Telehealth group rooms at TLR
- Provided members access to services from the Health Home of their choice without leaving the Peer-Run Organization
- Saved hours of travel time
- Peer staff supporting members
Vaccine Clinic - Space Available

• S.T.A.R. administered 1280 vaccines
• S.T.A.R. next vaccine clinic is on 3/19, 9 to 3:30 (spaces available)
• Moderna vaccine
• Vaccinating:
  – 1A and 1B Priority Groups
  – Anyone working in behavioral health or physical health fields
  – Adults 55+
  – Anyone in congregate care settings, homeless or in shelters 18+
• Needs more volunteers to assist
• Submit forms to CovidVaccine@TheStarCenters.org
Face to Face Services and OIFA Collaborations

• Peer-Run Organizations and Family-Run Organizations expanding Face-to-Face Services
• Peer to Peer Grant Proposal collaboration with OIFA Health Plans/AHCCCS similar to ArMA Physician Peer to Peer program.
  – Support
  – Training
  – Resources
Suicide Prevention Update

Kelli Williams
Suicide Prevention Specialist
AHCCCS
Suicide Facts & Figures: Arizona 2020

On average, one person died by suicide every six hours in the state.

More than five times as many people died by suicide in Arizona in 2018 than in alcohol related motor vehicle accidents.
The total deaths to suicide reflected a total of 27,938 years of potential life lost (YPLL) before age 65.

Suicide cost Arizona a total of $1,246,006,000 combined lifetime medical and work loss cost in 2010, or an average of $1,139,987 per suicide death.

8th leading cause of death in Arizona

2nd leading cause of death for ages 10-34
3rd leading cause of death for ages 35-44
5th leading cause of death for ages 45-64
8th leading cause of death for ages 55-64
13th leading cause of death for ages 65+

Suicide Death Rates

<table>
<thead>
<tr>
<th></th>
<th>Number of Deaths by Suicide</th>
<th>Rate per 100,000 Population</th>
<th>State Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arizona</td>
<td>1,438</td>
<td>19.21</td>
<td>14</td>
</tr>
<tr>
<td>Nationally</td>
<td>48,344</td>
<td>14.21</td>
<td></td>
</tr>
</tbody>
</table>

What does the data tell us?

**Highest Rates**
- Males
- Rural Setting
- 45+
- Native Americans
- Veterans

**Mechanism**
- Firearms
- 71% of gun deaths in AZ are suicides

**Diagnosis Before Death**
- Episodic and Chronic Depression
- Chest Pain
- Suicide Ideation

71% of gun deaths in AZ are suicides
What does the data tell us?

- Increased rate of suicide among all ages
- 50% increase in suicides among <15
- 10-19: strangulation is the mechanism most used
Our Work

State Plan
- Coordination with state agencies
- Coordination with stakeholders

Behavioral Health in Schools
- Project AWARE
- Jake’s Law
- Warnock Act

Emergency Suicide Prevention COVID Grant
- Suicide Prevention
- Domestic Violence

Advocacy & Education
Healthcare Worker Wellbeing Initiative

Dr. Mark Carroll
CMO
Health Choice Arizona
The health care workers in our community are our neighbors, our friends and our family members.

Their health and their families’ health are on the line every day so that all of our communities can be as healthy as possible.

https://wellbeingcollaborative.org/
Join us for two exciting upcoming AZ Community Grand Rounds

Tuesday, March 30th
Innovations in COVID Vaccination Outreach: Updates from Three Arizona Counties

Thursday, April 15th
A Civilian Emergency Medical System: Is It Time? What Will It Take?
COVID-19 Hotline Updates

Justin Chase, LMSW, CPHQ, FACHE
Chief Executive Officer
Crisis Response Network
<table>
<thead>
<tr>
<th>Primary Service</th>
<th>Number Served ISP</th>
<th>Number Served RSP</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unique Referrals</td>
<td>1,759</td>
<td>3,359</td>
<td>5,118</td>
</tr>
<tr>
<td>Individual Crisis Counseling</td>
<td>571</td>
<td>910</td>
<td>1,481</td>
</tr>
<tr>
<td>Group Counseling/Public Education</td>
<td>557</td>
<td>2,043</td>
<td>2,600</td>
</tr>
<tr>
<td>Brief Educational/Supportive Contact</td>
<td>1,414</td>
<td>2,586</td>
<td>4,000</td>
</tr>
<tr>
<td>Total Unique Interactions</td>
<td>2,542</td>
<td>5,539</td>
<td>8,081</td>
</tr>
</tbody>
</table>

*Through November 18, 2020*
## RESILIENT Arizona
### CRISIS COUNSELING PROGRAM

<table>
<thead>
<tr>
<th>Other Contacts/Materials Distributed</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Hotline/helpline/lifeline contact</td>
<td>853</td>
</tr>
<tr>
<td>Telephone contact</td>
<td>2,869</td>
</tr>
<tr>
<td>E-mail contact</td>
<td>6,233</td>
</tr>
<tr>
<td>Community networking and coalition building</td>
<td>2,689</td>
</tr>
<tr>
<td>Material handed to people</td>
<td>9,381</td>
</tr>
<tr>
<td>Material mailed to people</td>
<td>3,496</td>
</tr>
<tr>
<td>Material left in public places</td>
<td>12,139</td>
</tr>
<tr>
<td>Mass media</td>
<td>434</td>
</tr>
<tr>
<td>Social networking messages</td>
<td>3,228</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>41,322</strong></td>
</tr>
</tbody>
</table>

*Through November 18, 2020*
AZ Data: Impacts of the Pandemic

• CCP Counseling participants self reported significant increases in the following behaviors, emotions, and cognitive effects:
  • Increased isolation/withdrawal
  • On guard/hypervigilant
  • Agitated/jittery/shaky
  • Anxious, fearful
  • Sadness, tearful
  • Despair, hopeless
  • Irritable, angry
  • Difficulty concentrating
  • Difficulty making decisions
  • Intrusive thoughts
Who Have We Served?

- Residents in 10 Arizona counties
- 11% of services are provided in Spanish
- 15.5% of individual counseling provided to adults 65+
- 93% of individuals in individual counseling receive referrals for other resources:
  - Additional mental health services, community resources, SUD treatment, or access and functional needs resources
- Highest risk factors cited by participants:
  - Financial loss, unemployment, prolonged separation from family, substance use disorder, past trauma, loss of family member or friend
Outreach Connections

• 2-1-1 Arizona has referred over 5000 individuals to local CCP providers
• Approximately 2 million digital impressions have been made via statewide marketing campaign
• Engagement via 160 presentations or webinars to statewide coalitions, healthcare providers, non-profits, Tribal Nation stakeholders, schools, and public health departments
• Over 8000 unique visitors to the ResilientArizona.org website
Questions, Open Discussion & Wrap Up

Next Meeting -
Thank you!

- See the Behavioral Health Task Force web page for meeting past meeting presentations - https://www.azahcccs.gov/AHCCCS/CommitteesAndWorkgroups/BehavioralHealthTaskForce.html
- Send future topics you want to discuss to lauren.prole@azahcccs.gov