Behavioral Health Task Force Agenda

• Welcome: Dr. Sara Salek
• AHCCCS Update: Dr. Salek
• ADHS Update: Priscilla Lauro
• AZ Peer and Family Career Academy: Hayley Winterberg
• CCP Grant and ArMA Peer Physician Program Updates: Jill Rowland
• Task Force Discussion: All
• Questions, Open Discussion & Wrap-Up: All
AHCCCS Update

Dr. Sara Salek
CMO
AHCCCS
ADHS Update

Priscilla Lauro
COVID-19 Response Team
ADHS
Peer Program

Hayley Winterberg
Executive Director
AZ Peer and Family Career Academy
Mission

To inspire recovery and wellness through professional development and continuing education, in order to equip emerging leaders and strengthen the peer and family support workforce.
Organizational Focus

- Learning and Development
- Consulting Service
- Statewide Peer and Family Network
Current Trainings

- Forensic Support – Breaking Down Barriers
- Self Care
- Hope and Healing – Opioid Use Crisis
- Abilities, Differences, and Inclusion
- Effective Advocacy
- Motivational Leadership
- Lunch and Learns
Trainings Coming Soon

- Technology
- Interdependence to Independence
- Peer Support Refresher Series
- Family Support Refresher Series
Peer to Peer Coaching

• Group or 1:1 Coaching is available
• Involvement and Information shared is confidential within the peer coaching relationship.
• It’s important to note **this is not job coaching, it is not supervision and it is not employment counseling. It is not counseling at all.**
Anyone employed as Peer Recovery Support or Family Support Specialist is eligible for the program.

Peer/ Family Specialists access to “specially trained coaches “ for their own health and wellness needs.

This program offers health and wellness coaching and gives the peer workforce someone to they can turn to for additional support.

This is all made available through the Peer and Family Career Academy, at no charge, thanks to funding through AHCCCS and the State of Arizona!

Peer to Peer – Call to Action

| Sign up         | Sign up for Peer to Peer coaching (group and/or 1:1)  
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>• <a href="https://www.azpfca.org/peer2peer-coaching-program-1">https://www.azpfca.org/peer2peer-coaching-program-1</a></td>
</tr>
<tr>
<td>Share</td>
<td>Please share with your staff</td>
</tr>
<tr>
<td>Present</td>
<td>Allow me to present at provider staff meeting</td>
</tr>
</tbody>
</table>
Crisis Counseling Program and Arizona Medical Association Peer Physician Program Updates

Jill Rowland
Senior Grant Coordinator
Division of Grants Administration (DGA)
AHCCCS
Crisis Counseling Program

- AHCCCS awarded 90 Day No Cost Extension from FEMA and SAMHSA
- Performance period extended from 12/2/2022 to 3/2/2022
- Extension allows Resilient Arizona to continue provision of crisis counseling services for Arizona citizens

resilientarizona.org

- Utilization of the CCP remains high across Arizona
ArMA Peer Physician Program/Doctor’s Virtual Lounge

• Partnership between ADHS, AHCCCS and ArMA-program implemented in the fall of 2020
  • The lounge is an evidenced-based peer support program for Arizona physicians; participation is free and confidential
• Program has been approved to be extended for one more year with funding from ADHS
• Expansion of program will include:
  • Peer Support for Medical Students
  • Virtual Support
  • Psychological First Aid
  • Resiliency and healthy coping strategies

www.azmed.org
Task Force Discussion

What are your agencies behavioral health related 2022 priorities?
Questions, Discussion & Wrap Up
Thank you!

- See the Behavioral Health Task Force web page for meeting past meeting presentations
- Send future topics you want to discuss to lauren.prole@azahcccs.gov