

On March 11, 2021, President Biden signed the American Rescue Plan Act of 2021 (ARPA) (Pub.L. 117-2) into law. The Substance Abuse and Mental Health Services Administration (SAMHSA) was directed to provide additional funds to support states through both the Mental Health Block Grant (MHBG) and the Substance Abuse Block Grant (SABG). Key programs and projects highlighted in the ARPA MHBG proposal and the ARPA SABG proposal include:

ARPA - Mental Health Block Grant

Children Designated with Serious Emotional Disturbance (SED)

- Early identification and referral for SED assessment
- Co-location with evidence-based practices (EBP) for justice involved youth
- Child Psychiatry Access Program (CPAP) - expanding access to primary care providers
- Parent and Family Support services, Child & Family Team (CFT) coaches, etc.



Crisis System

- Electronic crisis services locator
- Crisis wraparound with children with SED designation
- 23 hour crisis stabilization for children with a SED designation
- Short-term bh residential settings for children with SED designation



Adults with a Serious Mental Illness Designation

- TA and monitoring for ACT, supportive housing, supported employment, and peer support
- Expansion of peer support services
- Expansion of bh providers to serve individuals with IDD



First Episode Psychosis (FEP)

- FEP positions for outreach and treatment services
- EBP training and staff time
- Funding supplies for outreach



ARPA - Substance Abuse Block Grant

Primary Prevention (substance abuse related)

- Capacity building in “prevention deserts” within the state to build services and coalitions
- Partnership development with institutions of higher learning to target 18-25 year olds
- Media campaigns related to underage drinking, binge drinking and marijuana use.
- Expand and increase primary prevention efforts statewide



General Support Services

- Address health disparities in relation to SUD needs in various communities.
- Support statewide approach to increasing screening for infectious disease.
- Digital wallet/locker technology
- Create and expand peer-based recovery for SUD needs



Women's Services

- Develop and sustain women-only, culturally appropriate approaches to substance and alcohol use treatment for Native/American Indian women.
- Develop training to implement gender-specific SUD treatment for women.
- Maternal Mental Health Programs to support the complex OB and SUD needs for pregnant and postpartum women in recovery.
- Detox for substance-exposed newborns and supportive services to mothers through their nursery, provision of parenting courses.

