

# ARIZONA DEPARTMENT OF HEALTH SERVICES

Lydia Hubbard-Pourier, BSN, MPH  
Tribal Contract Administrator  
Bureau of Compliance  
Division of Behavioral Health Services

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# AZ Managed Care System for Behavioral Health Services

- AHCCCS “carves out” Title XIX and XXI funds and contracts with ADHS/DBHS to administer a behavioral health managed care service system with the T XIX/XXI funds.
- ADHS/DBHS in turn contracts with Tribal Regional Behavioral Health Authorities and Regional Behavioral Health Authorities (T/RBHAs) to assure access for eligible recipients to behavioral health services through provider networks.



# ADHS/DBHS

DBHS manages the behavioral health services system through contracts and agreements with:

- 4 – Regional Behavioral Health Authorities (RBHAs) – providing services in 6 designated geographic service areas (GSAs).
- 3 – Tribal Regional Behavioral Health Authorities (TRBHAs) - Gila River, Pascua Yaqui, & White Mountain Apache – providing comprehensive “covered” behavioral health services to tribal members.
- 2 – Intergovernmental Agreements (IGAs) – Navajo & CRIT – providing selected behavioral health services.

Each T/RBHA must provide, contract for or arrange for access to AHCCCS covered behavioral health services for its enrolled members.



# Geographic Service Areas

- Each RBHA is assigned a Geographic Service Area (GSA)
- GSAs were PREVIOUSLY contiguous with county lines
- GSAs defined by ZIP CODES effective 7/1/2010
  - AHCCCS Eligible members are assigned to a RBHA or TRBHA based on ZIP CODES.
- BH Members are “auto enrolled” to a RBHA or TRBHA based on their residence zip codes



# NARBHA Service Area

- <http://www.narbha.org/>
- Serves Apache, Coconino, Mohave, Navajo and Yavapai County zip codes
- Tribes served: Navajo Nation, Hualapai Tribe, Ft. Mojave Indian Tribe, Prescott Yavapai Tribe, Yavapai Apache Tribe, Kaibab Paiute Tribe, San Juan Southern Paiute
- DBHS Contract Administrator – Vacant
- RBHA Tribal Liaison – Gabriel Yaiva, Ph 928-214-2171



# Pascua Yaqui Tribal RBHA

<http://www.pascuayaqui-nsn.gov/index.shtml>

- Pascua Yaqui TRBHA provides services to tribal members living on the Pascua Yaqui reservation , which covers part of Pima county.
- Pascua Yaqui TRBHA may also service tribal members living in Guadalupe, Arizona, which is in Maricopa county.
- Tribal Contract Administrator – Lydia Hubbard-Pourier, Ph 602-542-1745



# Range of Comprehensive Behavioral Health Services

## Continuum of Care

Michael H. Stumpf, MD, DFAPA

Associate Medical Director

Arizona Dept. of Health Services/Div. of Behavioral Health Services

Clinical Associate Professor

Midwestern University/Arizona College of Osteopathic Medicine

- Axiom # 1: A range of services is necessary to meet needs.
- Axiom # 2: People should be treated in the least restrictive setting that meets the person's needs.
- Axiom # 3: People should be treated in or near their home community as much as possible.



# Covered Behavioral Health Services

T/RBHAs are to provide a comprehensive range of services.

## Treatment Services

Counseling Services; consultation, assessment and specialized testing; professional services

## Rehabilitation Services

living skills training; cognitive rehabilitation; health promotion; vocational rehabilitation, & supported employment

## Medical Services

Medications; lab, radiology and medical imaging; medical management





# Covered Behavioral Health Services continued

## Support Services

Case management; personal assistance; family support; peer support; therapeutic foster care services; respite; housing support, interpreter services; and transportation

## Crisis Intervention Services

Mobile team services; telephone; urgent care Housing and Housing Related Services for Adults with Serious Mental Illness



# Covered Behavioral Health Services continued

- Case management services
- Inpatient services – Hospitalization
- Residential Treatment
- Pharmacy – Psychotropic Medication
- Respite Care
- Therapy and counseling services (family, group, individual, etc.)
- Medically necessary transportation
- All AHCCCS covered medical services



# Prevention & Suicide Prevention

## PREVENTION

- Federal Prevention funds - SAPT block grant
- State appropriated prevention funds in years past
- Substance abuse prevention programs funded –  
PYT, GRIC, WMAT, NN & CRIT
- Substance abuse prevention through RBHAs for TO,  
Ak-Chin, & SCAT

## SUICIDE PREVENTION

- Suicide Prevention Grant – ASSIST training
- NARBHA – N. AZ tribal coalition for suicide  
prevention

# Where do Native Americans Access Behavioral Health Services?

- Indian Health Services (IHS) health care facilities
- Tribal '638' Providers and Tribal Behavioral Health Programs
- Indian health care providers in urban areas
- Tribal RBHA that serves the designated reservation, ie Gila River
- Local RBHA that serves the NA person's county of residence.

Als have “choice” of their bh providers and go between the IHS & State BH systems.



# Improving Access to BH Care for American Indians

- Federal funds for IHS and tribal 638 programs are insufficient to meet the tribal BH needs.
- Tribal members are also citizens of the state so they are entitled to state services as any other state citizen.
- Tribes and individual tribal members need to access state behavioral health services to “fill in the existing bh service gaps” and meet bh service needs.



# Accessing RBHA BH Services

- RBHAs receive funding to provide BH services to residents residing in RBHA assigned zip codes including tribal members residing in those zip codes.
- Effective July 1, 2010, AIs NOT be required to enroll in a TRBHA or a RBHA to receive services IF the individual is already registered/enrolled with AHCCCS. They are auto enrolled to a T/RBHA based on their residence zip code.  
(Previously T/RBHA enrollment was required to access BH services)

# AUTO ENROLLMENT Issues for AI members

- AIs residing in zip codes near reservations and who previously receiving care at TRBHAs or through the AHCCCS American Indian Health Program (IHS or 638 facilities) have been auto assigned to a RBHA.
  - has created difficulty getting the member back to the TRBHA previously being served by.
  - has created continuity of care issues



# Tribal Work Group

- A Tribal Work Group was established in early July to conduct tribal outreach on the auto enrollment issue.
- A tribal health directors meeting was held on July 26<sup>th</sup> to describe the auto enrollment issue in preparation for the AHCCCS tribal consultation.
- On July 26<sup>th</sup>, questions were asked and responded to.
- One recommendation was that a “universal” AI ID # be used to access all bh service systems similar to the system in the state of Washington.



# Auto Enrollment Fix

- The TRBHAs have requested that AHCCCS “fix” the auto enrollment issue.
- AHCCCS is looking into AI self-identification on AHCCCS applications.
- This will then be used to auto enroll AIs into T/RBHAs if previously served by a TRBHA or RBHA.
- There are other options being explored.



# Thank You

Lydia Hubbard-Pourier, BSN, MPH  
Tribal Contract Administrator

Bureau of Compliance  
Division of Behavioral Health Services  
Arizona Department of Health Services  
150 N. 18<sup>th</sup> Avenue, Suite 260  
Phoenix, AZ 85007

602-542-1745,  
602-364-4762 FAX

[hubbarl@azdhs.gov](mailto:hubbarl@azdhs.gov)

