Welcome to today’s Tribal Consultation Meeting!

We will begin shortly. All lines have been automatically muted.
While you are waiting TEST YOUR AUDIO.
LISTEN FOR MUSIC.
Please use the chat feature for questions or raise your hand.

Thank you.
Zoom Webinar Controls

Navigating your bar on the bottom...

- **Windows:** You can also use the Alt+Y keyboard shortcut to raise or lower your hand.
- **Mac:** You can also use the Option+Y keyboard shortcut to raise or lower your hand.
Audio Settings
Special Tribal Consultation Meeting: Whole Person Care Initiative (WPCI)

December 10, 2020
WPCI Overview

Shelli Silver, AHCCCS Deputy Director
AHCCCS
Whole Person Care Initiative
Socioeconomic Factors
- Education
- Job Status
- Family/Social Support
- Income
- Community Safety

Physical Environment

Health Behaviors
- Tobacco Use
- Diet & Exercise
- Alcohol Use
- Sexual Activity
- Access to Care
- Quality of Care

Whole Person Care
- Education
- Housing
- Food
- Social Support
- Legal
- Employment
- Income

Source: Institute for Clinical Systems Improvement. Going Beyond Clinical Walls: Solving Complex Problems (October 2014)
AHCCCS Whole Person Care Initiative (WPCI)

- Launched in November 2019
- Next step after integrated care
- Building off of existing programming and services to further address social risk factors of health including:
  - housing, employment, criminal justice, transportation, and social isolation
- Includes a collaborative partnership with Arizona’s Health Information Exchange (HIE), Health Current, for technology that will facilitate screening for social risk factors and referral to community resources
Whole Person Care Initiative

• WPCI survey posted for tribal feedback for three months
• Limited responses
• Next steps:
  – Options for advancing WPCI outside of the 1115 waiver renewal
  – Closed-loop referral system
  – Moving forward with housing administrator
  – Targeted Investments 2.0
“Elements of a Healthy Tribal Community Wheel” Convening

Alida Montiel, ITCA Director of Health & Human Services
A PROJECT OF THE INTER TRIBAL COUNCIL OF ARIZONA & THE VITALYST HEALTH FOUNDATION

“ELEMENTS OF A HEALTHY TRIBAL COMMUNITY WHEEL” CONVENING
Native American/Indigenous Concepts of Health & Wellness

• **Project Goal:** To convene Tribal health leaders and cultural advisers to discuss social determinants of health (SDOH) and ‘elements’ of healthy native communities in order to guide the development of health care, human services and other programs at the Tribal level.

• **Activities:** Three workshops were held for Tribal participants to develop culturally appropriate “healthy community wheels.”

• **Outcome:** Development of a Tribal Wheel to guide policy and program development that emanates from traditional knowledge and tribal values, in order to guide policy and program development by a Tribe, the state or the federal government based on advisement with regard to culturally appropriate approaches.
Vitalyst & Partners’ Statewide Initiative

• Elements of a Healthy Community Wheel* was designed and produced by Vitalyst Health Foundation in collaboration with community partners. (http://vitalysthealth.org/)

• “Improving well-being requires us to recognize all of the elements of a healthy community and then collaborate on more equitable comprehensive approaches.” (http://livewellaz.org/)

• The work on ‘elements’ was inspired by the World Health Organization and the Centers for Disease Control and Prevention which led to ITCA involvement in 2019.
Indigenous Perspectives Examined

Workgroup looked at similar efforts…

• Leadership Institute of the Santa Fe Indian School (www.sfis.k12.nm.us/leadership_institute)

• White Mountain Apache Behavioral Health Services (www.wmabhs.org/)

• First Nations Health Authority (www.fnha.ca)

Native Voices: Native Peoples’ Concepts of Health and Illness

U.S. National Library of Medicine (NLM) /National Institutes of Health (NIH) ‘Native Voices’ exhibition closed on July 17, 2015. The website still exists and provides information on:

• **Healing Ways** - The Medicine Wheel & the Four Directions, Healing Totems and Native Hawaiian culture and health.

• **Healing Communities** - Native concepts of health apply to ‘community’ which is an essential focus of health.

• **Preserving & Renewing Traditions** - Wellness includes access to sacred sites, ceremonial prayer, traditional plant gathering, revitalizing traditional games, etc.
Native Voices: Native Peoples’ Concepts of Health and Illness

Intersection of Traditional and Western Healing - For some Tribes they operate in parallel and in others they’re part of the continuum or integration of care:

• Waianae Coast Comprehensive Health (HI)
• Southcentral Foundation Traditional Healing Clinic (AK)
• Dolores A. Flores - Hiak Hitevi Center (Yaqui Healing) Program (AZ)
• 638/IHS facilities serving the Navajo Nation
Meaning of the Four Directions

• Tribes have distinct interpretation of the Medicine Wheel. There are unique spiritual forces that emanate from each Direction (East, West, North, South) that influence the Earth and it’s inhabitants.

The Four Directions can be represented by:
• **Colors:** Red, black, yellow, and white, which for some stand for the human races.
• **Stages of life:** birth, youth, adult (or elder), death (ancestors/spirit world)
• **Above:** Connection to the Sun, the Sky and the Universe
• **Below:** Connection to the life force of Mother Earth
The Four Directions can be represented by...

- **Seasons of the year:** Spring, Summer, Fall, Winter – The seasons interconnect & represent stages of life.
- **Influences on Human Beings:** Spiritual, Emotional, Intellectual (Mental) & Physical aspects that we seek to balance throughout life.
- **Principal forces that sustain life:** Fire (or Sun), Air, Water, and Earth.
- **Animals:** Eagle, Bear, Wolf, Buffalo and many, many others.
- **Ceremonial plants:** Relationships exists between the People and the plant life in our ancestral homelands.
Example of ‘Medicine Wheel’ Guiding Policy

Circle of Support

**Advocacy Support**
- Student/Parent Support Workers
  - provide one-on-one support to help students succeed in school, at home, and in the community
- Parent Support Worker
  - provides support to families, and encourages participation in student’s educational process

**Social Support**
- Fedsim School Support Worker
  -建立 relationships with students in grades 9 to 12 as the transition to Pathways program

**Financial Support**
- Tutoring - all subjects
- Scholarships
- - Student support
- - Computers
- - Exploring career choices
- - Connecting to universities and colleges
- - Whale Student Aide
- - Recognizing learning styles
- - Learning strategies
- - Time management
- - Learning opportunities
- - Organizational skills
- - Career Pathways Library
- - Literacy Program
- - Reading Horizons Online Program
- - Sage Youth Excellence in Literacy Program
- - Support program with Aboriginal Writers Collective

**Academic Support**
- “Education is life changing”
- “We believe in the three R’s: Respect, Responsibility, Relationships”

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“Helping communities help themselves”

“Our children are our future”
Diné Traditional Knowledge

- **Black**, which associated with north, also symbolizes Dibé Ntsaa (Hesperus Peak), in what is now southwestern Colorado.
- **White**, which represents east, is connected to Sisnaajini (Blanca Peak), in what is now south-central Colorado.
- **Blue**, is connected with south and Tsoodzil (Mount Taylor), northeast of Grants, New Mexico.
- **Yellow**, is associated with west and Dook’o’oosliid (the San Francisco Peaks), near Flagstaff, Arizona
Diné Traditional Knowledge

• “In the Emergence, the Navajo creation story, First Man took four stones…
  □ jet, which represents black (North);
  □ white shell, which represents white (East);
  □ turquoise, which represents blue (South);
  □ abalone, which represents yellow (West);
— and placed them at the four directions. He blew on the stones four times and they grew into a hogan.”

• “For the Navajos, the hogan is more than a traditional form of shelter; it has sacred meanings and plays a vital role in Navajo spiritual and community life. In the story of the Emergence, First Man’s hogan became the world. First Man also created the four sacred mountains in this world.”
Yoeme (Yaqui) Cultural Aspects

• The Pahkola (Pascola) wears the oldest traditional mask in our culture and represents “the old man of the ceremony or fiesta.”

• The cross represents the Creator, the Father and Son and the Four Directions.

• The Pahkola pursues/seeks enlightenment through the Deer, which connects us to the spiritual worlds.
Tohono/Hiaced/Akimel O’Odham Teachings

• I'itoi (Man in the Maze) is the story of human beings traveling through life, taking many turns, growing stronger and wiser.
• Se-eh-ha or Elder Brother, is guiding us on the journey of life, beginning at birth, continuing through old age.
• The four major turns represent the four directions. The center represents transformation. ‘Death’ is the beginning of a new journey and, thus, the cycle repeats itself.
Traditional Knowledge Guiding Tribal Policies & Services
Traditional Knowledge Guiding Tribal Policies & Services

• The Healthy Tribal Community Wheel is based on longstanding values that align with factors that contribute to one’s personal health and more broadly to the overall health of a Tribal community.

• A healthy community is one where families have the opportunity to live in balance from birth to an elderly age, within environments that are safe and promote wellness.

• The positive influences of cultural and environmental knowledge that has sustained Tribal communities for generations continues...
Traditional Knowledge Guiding Tribal Policies & Services

Four Tribal Pillars of Sustaining Health:

• **Beliefs and Spirituality** - Long held knowledge that’s accepted and considered to be true…foundation of traditional ceremonial practices…connection to sacred places…plant and animal relationships. Faith based religions acknowledged.

• **Resiliency/Way of Life** - Resilience as a cultural value or trait helps one cope with life's challenges. Striving for balance when there’s imbalance and recourse in negative situations to sustain the Tribe’s “way of life.”
Traditional Knowledge Guiding Tribal Policies & Services

Four Tribal Pillars of Sustaining Health...

• **Self-Determination** – Decision making, policy or program development based on the Tribe’s choices in which outside influences or policies are weighted factors of consideration.

• **Sovereignty/Tribal Governance** – Tribal form of government inherently and internally influenced by cultural values and norms, historical factors and resulting actions in which policy implications have been considered.
In appreciation to all...

**Alida Montiel, Director**

**Health & Human Services**

**Inter Tribal Council of Arizona**

[Alida.Montiel@itcaonline.com](mailto:Alida.Montiel@itcaonline.com)
AHCCCS Housing Programs (AHP)

David Bridge, AHCCCS Director of Housing Programs
Housing Functions

- LLT Duties, Habitability, Maintenance, Safety, Rent
- **CLP Housing** – AHCCCS
  - Purchased, Fixed Site, Owned by Providers, Block Leasing
- **Scattered Site (Vouchers)** – Market affordable housing, community landlords

AHCCCS (Funder)
- Funding
- Establish and Implement Priorities, Standards & Policies
  - Monitoring of Housing Metrics/Performance Accounting
  - Financial Accountability

Housing Providers

- Referrals, Waitlists, Eligibility
- Inspections, Rent Determination, HQS, Briefing
- Legal Compliance, Rent Payment, Renewals, Notices
- Reporting (Program and Fiscal)

Program Coordination
- Determine Clinical Eligibility and Provide Referrals
- Client Housing Search and Move In Coordination
- Coordination of Post Housing, Wrap Around Services
Current Structure

Tribal Referrals

AHCCS FUNDING/POLICY

AZCH Health Choice

Mercy Care

HUD (CoC)

Providers (ex: MARC)

ABC

Providers

Housing Admin. HOM, Inc.

Landlords CLP Properties

Providers

Housing

Providers

Housing
Proposed Housing Administration

Funding Allocation to Contractor
Establish and Implement Standards, Policies
Oversight of Contractor Metrics, monitoring
Oversight of Referral Process

Management of Clinical Eligibility and Referrals
Client Housing Placement Coordination
Clinical Coord. of Post Housing Wrap Around Services

Housing Administration
Waitlist Mgmt.; Inspections; Client Briefing/Lease Up; Utilization; Legal Compliance (Fair Housing); Landlord Payment; Housing Outcome Reporting and Tracking; HUD Unit Management; Renewals/Re-certifications; Fiscal Reporting; Notices

CLP Housing – AHCCC Purchased, Fixed Site, Owned by Provider/Non Profits, Block Leasing
Scattered Site (Vouchers) – Market affordable housing, community landlords.
Discussion
Housing Questions

• How are members currently being assessed for and connected to existing housing programs when needed?
• In transitioning to new structure, what recommendations do you have on how to engage providers or other access points to ensure referrals of eligible members?
• Are there any specific groups, stakeholders that should be outreached to for education, referrals and service coordination regarding housing?
Housing Questions

- What are some of the challenges faced when addressing housing needs and improving environmental conditions in tribal communities?
- What other unique tribal housing issues or barriers exist that need to be accounted for by the Housing Administrator?
Closed Loop Referral System

Lorie Mayer, AHCCCS Health IT Coordinator
Closed Loop Referral System

- Health Current and AHCCCS are working together to implement a closed-loop referral system in 2021.
- The system will streamline referrals and improve care coordination between Medicaid providers and Community Based Organizations and social service agencies providing services such as housing, employment, and transportation.
- Goal is for Health Current to select a vendor in January 2021
- Operational by October 2021
Discussion
Closed Loop Referral System Questions

• As an ITU, what are the biggest challenges you face when you are trying to make referrals for services?
• What recommendations do you have for the types of organizations that should be recruited to participate in the referral platform?
Non-Medical Transportation

Alex Demyan, AHCCCS State Plan Manager and Health Policy Consultant
Recent Non-Emergency Medical Transportation (NEMT) Timeline

- **2018**- AHCCCS covers the cost of NEMT furnished by a non-ambulance air or equine when certain conditions are met.

- **2019**- AHCCCS officially introduced Transportation Network Companies “TNC” (Uber & Lyft) into the delivery system to increase NEMT driver capacity.

- **2019**- AHCCCS conceptualized non-medical transportation with a focus on access to healthy food and employment navigation services as one of the proposed domains in the AHCCCS WPCI.
WPCI Transportation Work

2020- Due to COVID-19 pandemic related factors, AHCCCS had to shift the focus of WPCI to smaller-scale, cost-effective initiatives within the parameters of the existing Medicaid program.

- For the transportation domain, AHCCCS has been focusing efforts around promoting and clarifying members’ ability to access their care through mass-transit programs, where available (i.e. bus passes).
Discussion
Non-Medical Transportation Questions

- Where do unmet needs for non-medical transportation exist for the tribal community you serve/represent?
- In terms of Medicaid, what suggestions do you have around non-medical transportation services for tribal communities across the state?
- What current issues exist in obtaining bus passes for tribal members?
WPCI Discussion
AHCCCS WPCI Questions

- What are some of the unique needs of your community that AHCCCS should consider regarding WPCI?
- What kind of support would your community need to build capacity, funding, human resources, and/or infrastructure to support an initiative like this?
AHCCCS WPCI Questions

• How would you see tribal governments and organizations collaborate with AHCCCS on the WPCI?
• What would you recommend to ensure equity and representation with this initiative?
WPCI Questions

- From your perspective, what part of the WPCI would be most beneficial to Medicaid tribal members?
  - Housing
  - Transportation
  - Employment
  - Criminal Justice
  - Social Isolation
  - Food Accessibility
WPCI Questions

• Are there naturally-occurring community supports that exist in your communities that this initiative should build on regarding any of the following?
  ○ Housing
  ○ Transportation
  ○ Employment
  ○ Criminal Justice
  ○ Social Isolation
  ○ Food Accessibility
Looking Forward

• AHCCCS will continue to engage with tribal leadership, stakeholders, members, and ITUs in our work around the WPCI.
• Feedback and recommendations received today will be consolidated and sent out to all AHCCCS teams working on WPCI to incorporate.
Action Items
Action Items

• POST-TC SURVEY: Please submit! To be sent out a few days following today’s meeting. Please submit additional thoughts/recommendations/feedback for the team.

• EMAIL: AHCCCS Tribal Liaison can be contacted at any time to submit feedback or recommendations.
  o Amanda.Bahe@azahcccs.gov
Open Discussion
Announcements
Next AHCCCS Tribal Consultation:

January 12, 2020 at 10 am

Please check AHCCCS Tribal Consultation Webpage for meeting information.

*Please send any agenda recommendations to Amanda.Bahe@azahcccsgov by December 30, 2020.
Thank You.

Have a great day!