

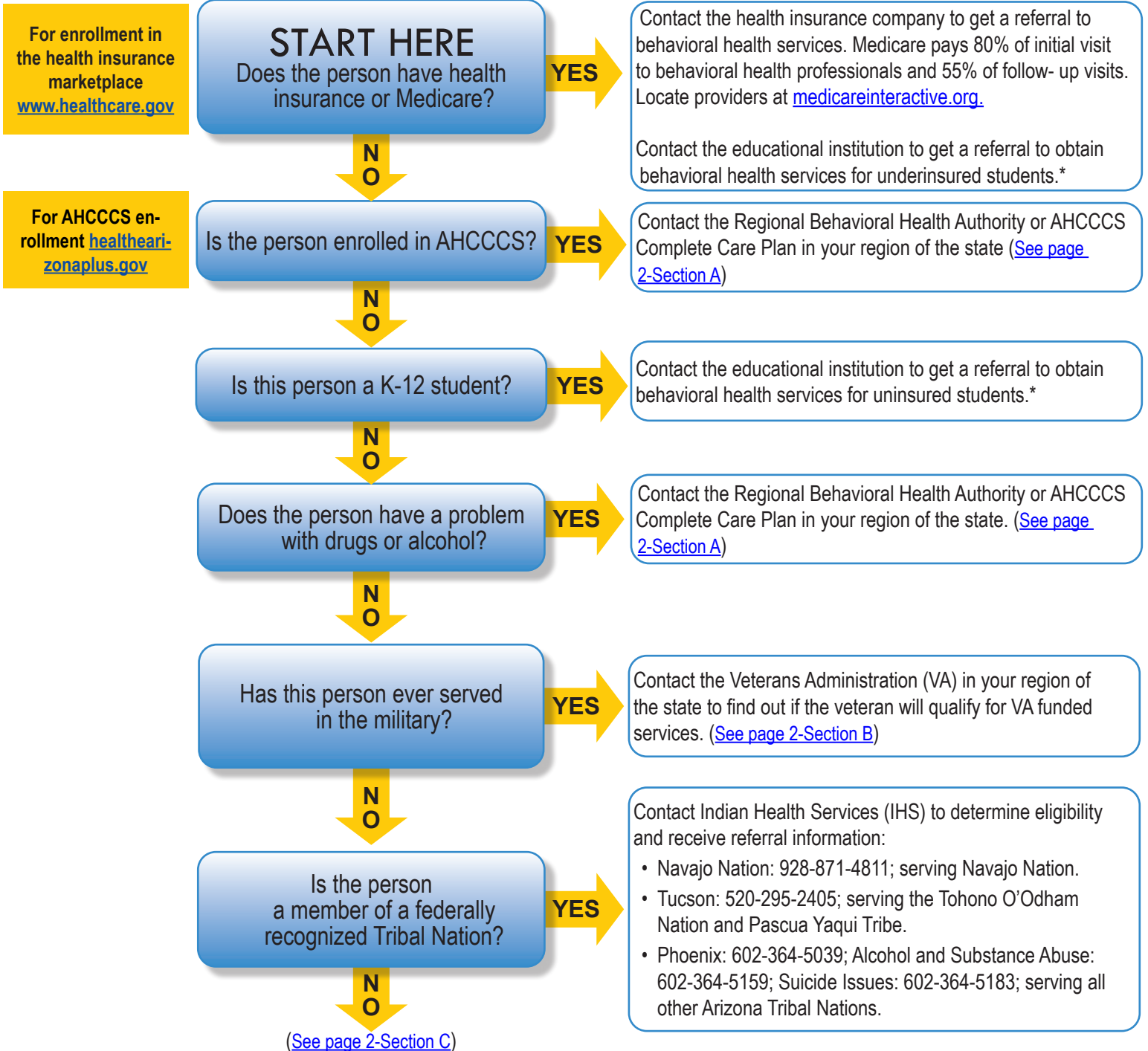
DOES THE INDIVIDUAL APPEAR TO BE AN IMMEDIATE DANGER TO HIS/HER OWN SAFETY OR TO THE SAFETY OF OTHERS?

**CALL 911**

DOES THE INDIVIDUAL APPEAR TO BE IN NEED OF MENTAL HEALTH ASSISTANCE RIGHT AWAY?

**SEE CRISIS SERVICES**

### Accessing/Paying for Behavioral Health



\*Senate Bill 1523 established the Children’s Behavioral Health Services Fund (CBHSF) in 2020 to assist with increased access for behavioral health services. Written parental consent for behavioral health services will be requested.

## SECTION A

### Tribal and Regional Behavioral Health Authorities and AHCCCS Complete Care Plans By Region

Note: latest website and 24-hr line information is posted on [www.azahcccs.gov](http://www.azahcccs.gov)

Tribal and Regional Behavioral Health Authority (TRBHA / RBHA):	County or Tribal Nation Served
<b>Arizona Complete Health-Complete Care Plan</b> <a href="http://www.azcompletehealth.com/completecure">www.azcompletehealth.com/completecure</a> , 1-888-788-4408	Gila, La Paz, Pima, Pinal, Yuma, Graham, Greenlee, Santa Cruz, and Cochise
<b>Gila River TRBHA:</b> <a href="http://www.grhc.org/bhs">www.grhc.org/bhs</a> , 1-888-484-8526 ext. 7100	Gila River Indian Community
<b>Mercy Care:</b> <a href="http://www.mercycareaz.org">www.mercycareaz.org</a> , 1-800-624-3879	Maricopa
<b>Navajo Nation TRBHA:</b> <a href="http://www.nndbmhs.org">www.nndbmhs.org</a> , 1-866-841-0277	Navajo Nation
<b>Health Choice Arizona:</b> <a href="http://www.HealthChoiceAZ.com">www.HealthChoiceAZ.com</a> , 1-800-322-8670	Apache, Coconino, Mohave, Navajo, Yavapai
<b>Pascua-Yaqui TRBHA:</b> <a href="http://www.pascuayaqui-nsn.gov/index.php/centered-spirit">www.pascuayaqui-nsn.gov/index.php/centered-spirit</a> , 520-879-6060	Pascua Yaqui Tribe
<b>White Mountain Apache TRBHA:</b> <a href="http://www.wmabhs.org">www.wmabhs.org</a> , 928-338-4811	White Mountain Apache Nation
ACC Plan	Geographic Service Area (GSA) Served
<b>Care1st Health Plan:</b> <a href="http://www.care1staz.com">www.care1staz.com</a> , 1-866-560-4042	North, Central
<b>Health Choice Arizona:</b> <a href="http://www.HealthChoiceAZ.com">www.HealthChoiceAZ.com</a> , 1-800-322-8670	North, Central
<b>Molina Complete Care:</b> <a href="http://www.MolinaHealthcare.com">www.MolinaHealthcare.com</a> , 1-800-424-5891	Central
<b>Mercy Care:</b> <a href="http://www.mercycareaz.org">www.mercycareaz.org</a> , 1-800-624-3879	Central
<b>Banner-University Family Care:</b> <a href="http://www.bannerufc.com/acc">www.bannerufc.com/acc</a> , 1-800-582-8686	Central, South
<b>UnitedHealthcare Community Plan:</b> <a href="http://www.uhccommunityplan.com">www.uhccommunityplan.com</a> , 1-800-348-4058	Central, South
<b>Arizona Complete Health-Complete Care Plan:</b> <a href="http://www.azcompletehealth.com/completecure">www.azcompletehealth.com/completecure</a> , 1-888-788-4408	Central, South

## SECTION B

### Veterans Administration (VA) by Region

VA Health Care System	Counties Served
Phoenix: 602-277-5551	Gila, Maricopa
Northern Arizona: 928-445-4860	Apache, Coconino, Mojave, Navajo, Yavapai
Southern Arizona: 520-792-1450	Cochise, Graham, Gila, Greenlee, La Paz, Pima, Pinal, Santa Cruz, Yuma

## SECTION C

### Additional Resources

Some free or low cost support services may be obtained from sliding fee scale clinics, community organizations, and/or places of worship. Some examples of free or low/cost no cost support services are listed below:

The Arizona Department of Financial Institutions: offer free counseling service to those behind on mortgage payments or facing foreclosure, 877-448-1211. SOS Non Title 19 Resource Hotline: (602) 759-8175.

Transitional Living Centers "TLC": Helping recovering substance abusers rebuild their lives since 1992 [www.transitionalliving.org](http://www.transitionalliving.org).

Family Involvement Center "FIC": Select "Services" then "Classes/Support Groups" <http://www.familyinvolvementcenter.org>. NAMI AZ: Select your local affiliate and select "Support Groups" [www.namiaz.com](http://www.namiaz.com).

MIKID AZ: Select "Programs and Services" and select "Family Support" [www.mikid.org/](http://www.mikid.org/).

Stand Together and Recover (STAR) Centers: Peer Support and Recovery Centers: [www.thestarcenters.org](http://www.thestarcenters.org).

#### Substance Use Support:

- National Drug and Alcohol Referral Routing Service: 1-800-662-HELP (4357), press "2" for Spanish or: <http://findtreatment.samhsa.gov>.
- Alcoholics Anonymous (AA) meeting locator: <http://www.area03.org/AA-Meetings>.
- Narcotics Anonymous (NA): 1-818-773-9999; online [arizona-na.org](http://arizona-na.org).

#### Suicide Prevention Resources:

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255), press "1" for veteran support; online [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)
- National Suicide Prevention Lifeline in Spanish: 1-888-628-9454.
- The Trevor Hotline (Suicide Prevention Hotline for gay and questioning youth): 1-866-488-7386; online [www.thetrevorproject.org](http://www.thetrevorproject.org)
- Teen Lifeline: 1-800-248-TEEN (8336); online [teenlifeline.org](http://teenlifeline.org).
- Low cost/no cost support groups: [www.mentalhealthamerica.net/find-support-groups](http://www.mentalhealthamerica.net/find-support-groups).