

## **Addressing the Behavioral Health Needs of Children in Foster/Adoptive/Kinship Care**

### **Network development and expansion**

- Parent engagement models at four co-located sites (Department of Child Safety and behavioral health providers), including coordinated care, parent support, family assessment and efforts to engage the biological family in adult services through peer support
- Co-located crisis providers at the DCS after hours investigation team (AHIT) office
- Daily behavioral health services/support at the DCS AHIT to address immediate behavioral health needs and ensure timely enrollment in behavioral health services
- Implementation of specialized groups at Canyon State Academy on anger management and transition/life skills
- Expanded services for children ages 0-5 and their caregivers
- Operating Healthy Connections, the Substance Exposed Newborn Services Program in collaboration with the adult SMI system and Southwest Human Development
- Increasing trauma-focused CBT with DCS co-located providers
- Tracking and reconciling DCS children's enrollment and service engagement through DCS Rapid Response Assessments; follow-up intake/service initiation with ongoing provider
- Continued weekly monitoring of system capacity of direct support and specialty providers
- Initiated one-year minimum behavioral health enrollment for children in DCS custody, with minimum requirement of one assessment contact per month
- Rapid Response assessing youth in detention in coordination with DCS and the Juvenile Courts

### **Staff Training**

- Quarterly Training Calendar for Meet Me Where I Am (MMWIA) and High Needs Case Management (HNCM) providers on topics including: Adolescent Brain Development, Trauma Overview, 0-5 Assessment, Brain Based Parenting, Working with Caregivers, Understanding Behaviors and Data Collection, Working with Teens.
- Infant-Toddler Mental Health Training Series with DCS specialists and providers
- Provided Functional Behavioral Assessment and Behavior Plan Training for MMWIA and HNCM providers with special focus on youth on the spectrum

### **Stakeholder Engagement (Communication and Collaboration)**

- Monthly DCS-Mercy Maricopa Collaborative Meetings
- Regular Mercy Maricopa-DCS/CMDP Collaborative Meetings
- DCS stabilization and Rapid Response referrals taken directly from DCS foster caregivers
- Developed and implemented a comprehensive communication plan to target kinship/foster/group home placements and DCS
- Developed and distributed communication/marketing materials for caregivers of youth in DCS care, online and in print, including: Foster and Adoptive Care Guide; 1-page infographic; webpage dedicated to foster/adoptive/kinship care; Training and Navigation Forum flyers; 12 Principles poster for provider offices
- Distributed provider notices reminding service providers and stakeholders about policies and laws regarding services for children enrolled with CMDP

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- Social media campaign on Twitter and Facebook about requirements for children’s behavioral health, prohibition of waiting lists, forum and training announcements
- Collaborating with DCS, providers and other stakeholders on Casey Safe Reduction Workgroup and Title IV-E Waiver Implementation Team Meetings
- Participating in Group Home Coalition meetings and foster care licensing provider meetings
- Internal Mercy Maricopa work group to ensure smooth implementation, coordination of House Bill 2442 requirements
- Created a designated 24/7 number so caregivers can directly request a Rapid Response assessment and/or DCS Stabilization Team – 602-633-0763
- Developed and implemented a consistent communication process to address foster/adoptive/kinship caregivers and their needs, including tracking calls from internal and external sources and forwarding them to member services and the DCS SPOC email
- Mercy Care Plan and Mercy Maricopa, in partnership with Dignity Health and the Arizona Diamondbacks, are planning the second annual Day at the Ballpark to support foster families, recruit new foster families and create awareness about how the community can get involved. “Field of Dreams: Part II” scheduled in August 2016.
- As of 06/01/16, CRN has received 8 calls from the new CRN referral line. Issues/requests included: stabilization team, Rapid Response assessments (from DCS group home), crisis team, behavioral health enrollment/treatment, removal of a child, DCS group home requesting help with a runaway youth
- Mercy Maricopa Foster, Adoptive and Kinship Care Oversight Workgroup (meets monthly; most recently 07/13/16)

## Community Forums and Training

- On-site community trainings for group home and foster care providers
- Scheduling presentations and discussions at each DCS office on navigating the behavioral health system and overview of behavioral health (in partnership with co-located providers)
  - Planning joint training of DCS YAP and BH providers
  - Working with DCS YAP leadership to provide joint DCS/behavioral health training to DCS/BH staff this summer
- Collaborating Trauma Informed Care training for new staff at the DCS AHIT and Resource Center
- Foster/Adoptive/Kinship Caregiver Training Series (June-December: See attached flyer)
  - Part 1- Trauma Informed Care: Overview
  - Part 2- Trauma informed Care: Birth to Five
  - Part 3- Trauma informed Care: Strategies and Techniques
- Monthly Foster/Adoptive/Kinship “Navigating Behavioral Health” Forums: Launched in May (most recent forum 07/11/16)
  
- Indicates new initiative since 06/20/16