

## Efforts to Address the Behavioral Health Needs of Children in Foster/Adoptive/Kinship Care

# **Network Development**

- Parent engagement models at four co-located sites, including coordinated care, parent support initiatives, family assessment, and engagement of the bio family through peer services in effort to engage parents in adult services
- ➤ Co-located crisis providers at the DCS AHIT and Placement Centers
- Daily behavioral health services/support at the DCS AHIT and Placement Center to address immediate behavioral health needs and ensure timely enrollment in behavioral health services
- Increasing funding for DCS TIP programming at JFCS and SWN due to increased capacity needs for transition-age youth
- Development of specialized groups at Canyon State Academy on Anger Management and Transition and Life Skills
- Increased funding to Rapid Response Program
- ➤ Added specialty DCS-specific Mobile Crisis Teams
- Increased funding and capacity for all providers to address complex trauma-informed care and trauma treatment
- Expanded services for children ages 0-5 and their caregivers
- Developed a Substance Exposed Newborn Services Program in collaboration with the adult SMI system and Southwest Human Development
- > Expanded programming for youth and families that have experienced Sex Trafficking
- Increased trauma-focused CBT with DCS co-located providers
- Tracking and reconciling DCS children's enrollment and service engagement through DCS Rapid Response Assessments; follow-up intake/service initiation with ongoing provider
- Continued weekly monitoring of system capacity of direct support and specialty providers
- Initiated one-year minimum BH enrollment for children in Department Child Safety (DCS) custody, with minimum requirement of one assessment contact per month

#### **Staff Training**

- In addition to the required AHCCCS/DBHS required training, all providers are required to attend training on the following topics:
  - Meeting the Unique Needs of Children Involved with DCS
  - Child and Family Team Practice (5 modules)
  - High Needs Case Management
    - Stakeholder Case Management Collaboration
    - Advanced CFT Facilitation
    - Transition to Adulthood
  - Court Partnerships (AAG's office provided training)
  - OOH Levels of Care (Dr. Turner)
  - OOH Care Targeted Treatment Goals (Dr. Turner)
  - Functional Behavioral Assessment and Behavior Plan Training for MMWIA and HNCM providers will be provided in June, with follow up on progress during provider meetings.
- Quarterly Training Calendar for MMWIA and HNCM providers on, but not limited to, the following topics: Adolescent Brain Development, Trauma Overview, 0-5 Assessment, Brain Based Parenting, Working with Caregivers, Understanding Behaviors and Data Collection, Working with Teens.

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Infant-Toddler Mental Health Training Series with DCS specialists and providers

### Stakeholder Engagement (Communication and Collaboration)

- Mercy Maricopa Foster, Adoptive and Kinship Care Oversight Workgroup (meets monthly)
- ➤ Monthly DCS-MMIC Collaborative Meetings
- Regular MMIC-DCS/CMDP Collaborative Meetings
- > DCS stabilization and Rapid Response referrals taken directly from DCS foster caregivers
- Developed and implemented a comprehensive communication plan to target Kinship/Foster/Group Homes placements and DCS
- Developed and distributed communication/marketing materials for caregivers of youth in DCS care, online and in print, including: Foster and Adoptive Care Guide; 1-page infographic; webpage dedicated to foster/adoptive/kinship care; Training and Navigation Forum flyers; 12 Principles poster for provider offices
- > Distributed provider notices reminding service providers and stakeholders about policies and laws regarding services for children enrolled with CMDP
- Social media campaign on Twitter and Facebook about requirements for children's behavioral health, prohibition of waiting lists, forum announcements
- Collaboration with DCS, providers and other stakeholders on Casey Safe Reduction Workgroup and Title IV-E Waiver Implementation Team Meetings
- > Initiating focus group with DCS to discuss needs for Transition-Age Youth
- > Participation in Group Home Coalition meetings and Foster Care Licensing provider meetings
- > Internal work group to ensure smooth implementation, coordination of House Bill 2442 requirements
- Created process and mechanism for foster parents to be call a designated number to directly access and request a Rapid Response assessment and/or DCS Stabilization Team
- > Developed and implemented a consistent communication process that addresses Foster/Adopt/Kinship caregivers and their needs, including tracking those calls from internal and external sources and forwarding them to member services and the DCS SPOC email
- Mercy Care Plan and Mercy Maricopa Integrated Care, in partnership with Dignity Health and the Arizona Diamondbacks, hosted a Day at the Ballpark to support current foster families, recruit new foster families and create awareness for other ways that the general public can get involved. There were over 1,182 foster family attendees in attendance.

#### **Community Forums and Training**

- Foster/Adoptive/Kinship Caregiver Training Series (June-December: see attached flyer)
  - o Part 1- Trauma Informed Care: Overview
  - o Part 2- Trauma informed Care: Birth to Five
  - o Part 3- Trauma informed Care: Strategies and Techniques
- Monthly Foster/Adoptive/Kinship Navigation Forums started in May: next will be on June 19<sup>th</sup>
- On-site community trainings for Group Home and Foster Care providers
- Sex Trafficking 101 for group homes, DCS staff and providers
- Scheduling presentations and discussions at each DCS office on navigating the behavioral health system and overview of behavioral health (in partnership with co-located providers)
  - o Planning joint training of DCS YAP and BH providers

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 Working with DCS YAP leadership to provide joint DCS/Behavioral Health training to DCS/BH staff this summer

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