

# ADHS/DBHS Practice Tool Attachment 1

## Child and Family Team Practice

### ***Attachment 1: Guidelines for Strengths, Needs, and Culture Discovery (SNCD) Domains***

The information in these domains are provided as guidance for addressing a child and family's unique strengths, needs and culture in service planning and delivery:

#### **Family/Living/Housing**

- Who is a part of the family? (mom, dad, siblings, grandparents, foster parents, etc)
- The nature of these relationships
- What this family needs to stay together
- The family's living environment and any needs in this area
- Who lives together and how that is working for everyone
- What a typical day looks like for this child and family
- Recent changes in living environment/situation (e.g., removal from family, divorce, adoption, school suspension, family death, auto accident, loss of job/income)

#### **Community Involvement**

- Relationships (e.g. friends, significant others, important adult and community relationships)
- The people the child and family are most comfortable with
- Supportive people in the family's life and how they might assist
- Things the child and family are good at or like to do (e.g. interests, talents, skills, abilities, education, friends, family, religion/spirituality, work, school, etc.)

#### **Educational/Vocational Training**

- School attendance or involvement in an educational or vocational training program
- How the child is doing in school/training
- The child's likes or dislikes pertaining to school
- Activities the child participates in at school
- Situations that have lead to the child not being in school
- Special education or accommodations (testing, evaluations, development of an IEP/504 Plan, alternative school, change of teacher)
- Family's culture regarding school/academic achievement

#### **Culture**

- Cultural considerations that would promote an understanding of the child and family
- How culture influences the family or people around them
- Things that make the child or family feel good about themselves and help make their life meaningful
- Ways the family celebrates special occasions (holidays, birthdays, weddings, religious observances)
- How life is for the family as a result of their culture
- Trans-generational acculturation differences
- Attitudes and expectations related to services
- Beliefs about the cause of the issues needing to be addressed

#### **Social/Relationship Domain**

- Friends and access to their friends
- Opportunity to socialize/engage in fun, meaningful activities
- Ways to relax (fun, hobbies, extra-curricular activities, sports, interests, support systems, after-school activities, clubs, etc.)

#### **Behavioral/Emotional/Psychological**

- Does the child and family have any needs in these areas?
- Are there any unresolved issues that impede normal interactions within the family or in the community? (Substance use, anger/behavioral outbursts, mood, medication side effects, hyperactivity, anxiety, traumatic experiences, etc.)
- What has worked to improve functioning in the past?

#### **Safety**

- Safety needs of family members
- Specific danger/concerns to individual family members
- Potential dangers/concerns for themselves or to the community
- Strengths/supports present to address safety concerns

#### **Legal**

- Involvement with the judicial system, probation or parole, custody issues (current legal status, probation, custody, adjudication, etc.)

#### **Health**

- Health care needs being met
- Access to any needed specialist services
- Involvement with the Division of Developmental Disabilities, Arizona Long Term Care Services, etc.
- Limitations on physical activity
- Acute/Chronic or debilitating illnesses
- Dental, hearing or other issues affecting the child or family
- Immunization needs

#### **Vocational/Employment (Persons 16 and older or others if pertinent)**

- Current work status (full, part-time or volunteer)
- Current job, (e.g. type of work, work environment, length of employment and attitude toward work)
- How the work affects personal and family life (e.g. family, leisure time, health, relationships)
- Last time the person worked (e.g. date)
- Interest in finding employment (describe interests)
- Supports or resources needed in order to get a job and/or keep current job

#### **Financial**

- Issues affecting the family's ability to provide for basic needs and housing
- Ability to afford transportation to school, community activities, appointments, etc.
- Other financial issues that are causing stress to the child or family