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Q1: What is a Doula?

A1: A Doula is a trained nonmedical professional who may provide continuous physical, emotional, and informational support to families before, during, and after childbirth for a period of one year after birth or in the case of loss and who may serve as a liaison between the birth parents and medical and social services staff to improve the quality of medical, social, and behavioral outcomes.

Q2: What is a Certified Doula?

A2: In 2021, Governor Ducey signed <u>Senate Bill 1811</u> establishing the Voluntary Licensing Program for Doulas in Arizona. A "Certified Doula" means the Arizona Department of Health Services (ADHS) has issued a certificate to an individual who meets the qualifications. A Doula license is voluntary. This means that a doula does not need to be certified by ADHS in order to practice as a doula in the state of Arizona.

Q3: How does a Doula obtain voluntary certification?

A3: Doulas can obtain a voluntary certification through the Arizona Department of Health Services (ADHS). See ADHS <u>Licensing for Professions and Occupations</u> for more information.

Q4: Does a Doula need to be an AHCCCS Registered Provider to bill for Doula services?

A4: Yes. A Certified Doula needs to be registered with AHCCCS. To enroll as an AHCCCS registered provider, providers may use the <u>AHCCCS Provider Enrollment Portal</u>. Click <u>HERE</u> to view the Enrollment Guide.

Q5: Is Doula Certification required in order to bill Medicaid for services provided?

A5: Yes. AHCCCS will only reimburse services provided by a Certified Doula.

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Q6: What Medical Codes are Doulas allowed to submit for claims?

- **A6:** The following Medical Codes are allowed to submit for claims:
 - T1032 Services performed by a Doula birth worker, per 15 minutes (up to 2 hours)
 - T1033 Services performed by a Doula birth worker, per diem (once per day, once every 9 months)

Q7: When can a Certified Doula begin submitting claims with AHCCCS?

A7: AHCCCS has submitted a State Plan Amendment to the Centers for Medicare and Medicaid Services (CMS). AHCCCS will update this page with an effective date once more information becomes available. Once the program is operational, Certified Doulas will be able to submit claims for services that have been provided on or after the effective date of the program.

Q8: Who is eligible to receive Doula services?

A8: All AHCCCS members who are pregnant or postpartum are eligible to receive services from Certified Birthing Doulas. Members do not need to be at a high-risk or experience a complication to be eligible for services.

Q9: What is the rate for reimbursement?

A9: T1032 Services Performed by a Doula Birth Worker, Per 15 minutes \$ 16.28

T1033 Services Performed by a Doula Birth Worker, Per Diem \$ 781.32

Q10: What are the recommendation/referral requirements for Doula Services?

- A10 Medicaid eligible Doula services must be medically necessary. They must be recommended/ referred to by an eligible physician or other licensed practitioner of the healing arts acting within their scope of authorized practice under state law. Eligible physicians or licensed practitioners recommending services are limited to those affiliated with the following Provider Types (PTs) with the category of service "COSO1":
 - 638 FQHC (PT C5),
 - Behavioral Outpatient Clinics (PT 77),
 - Certified Nurse-Midwife (PT 09),
 - Clinics (PT 05),
 - Community/Rural Health Centers (RHCs) (PT 29),
 - Community Health Worker Organizations (PT CH),
 - DO-Physician Osteopaths (PT 31),
 - Federally Qualified Health Centers (FQHCs) (PT C2),
 - Free-Standing Birthing Center (PT 83),
 - Hospitals (PT 02),
 - Integrated Clinics (PT IC),
 - Licensed Clinical Social Worker (PT 85),

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- Licensed Marriage and Family Therapist (PT 86),
- Licensed Midwife (PT 84),
- Licensed Professional Counselor (PT 87),
- MD-Physicians (PT 08),
- Physician's Assistants (PT 18),
- Psychologist (PT 11), and
- Registered Nurse Practitioners (PT 19).

The entity billing for Doula services should ensure that a recommendation/referral for services is contained in the member's medical record. AHCCCS does not require the use of a specific referral form, but the referral should indicate that it was made by an eligible physician with the category of service "COS01."

Q11: Are Certified Doulas required to register with a health plan?

A11 Once the enrollment processes have been completed, AHCCCS registered Certified Doulas will need to credential and contract with AHCCCS-contracted health plans, as appropriate, to serve members enrolled in a Managed Care Organization (MCO). Please reach out to the individual health plan provider network department. Individual health plan information can be found here: www.azahcccs.gov/healthplans. AHCCCS registered Certified Doulas are not required to credential and contract with AHCCCS-contracted health plans to provide services to fee-for-service/American Indian Health Plan (AIHP) members.

Q12: Are Certified Doulas required to carry liability insurance?

A12 No. Certified Doulas are not required to carry liability insurance when becoming an AHCCCS registered provider.

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