

NCI AGING AND DISABILITIES 2024-25 ADULT CONSUMER SURVEY

ABOUT THE SURVEY

The survey data in this summary represent 396 older adults and people with physical disabilities receiving publicly funded long-term services and supports programs—known as LTSS. For more information, visit: nci-ad.org

AT-A-GLANCE SURVEY RESULTS FOR ARIZONA

RESIDENCE TYPE & LOCATION

36% Others

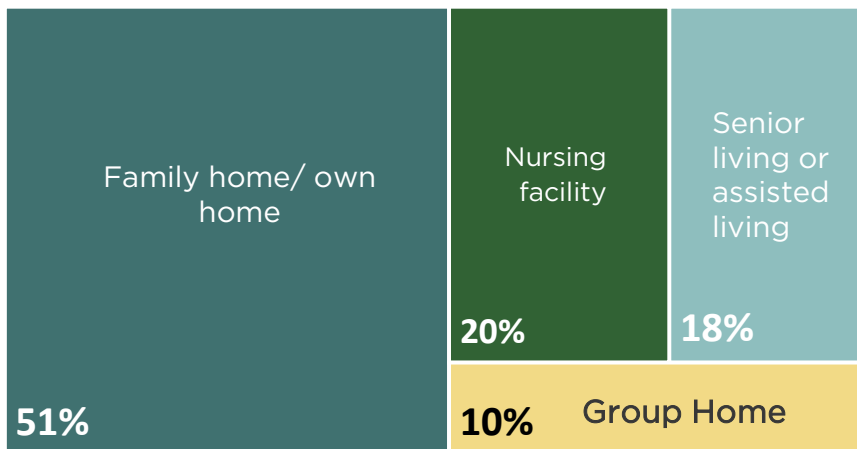
30% Other Family

22% No One- Lives Alone

16% Live-in PCA

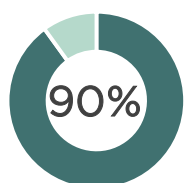
15% Spouse or Partner

1% Friends



93% Metropolitan **5%** Micropolitan **2%** Small Town/Rural

PERSONAL CHARACTERISTICS



Preferred language is English

67

years old (average)



18-44 years: **10%**

45-64 years: **25%**

65-89 years: **57%**

90+ years: **8%**

56%
Female

44%
Male

DIAGNOSES*

Heart Disease

84%

Hypertension (or High Blood Pressure)

65%

Diabetes

41%

Alzheimer's Disease or Other Dementia

26%

Cancer

20%

*Note: Diagnoses are not mutually exclusive

RACE AND ETHNICITY

64%: White

20%: Hispanic/Latino

8%: Black or African American

2%: Asian

2%: American Indian/ Alaska Native

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ACCESS TO COMMUNITY

89%

Always have transportation to get to medical appointments

65%

Always have transportation to do things they want outside the home

55%

Take part in activities with others as much as they want to

Spotlight on Transportation



Among those who cannot take part in activities, **37% say the reason is transportation**

Among those who have unmet needs, **29% say they need help with transportation**



RELATIONSHIPS



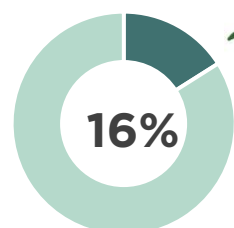
90% Have friends or family *they do not live with* who are part of their life

92% Always able to see or talk to friends or family when they want

20% Often feel lonely

WORK

2% Have a paid job in the community



Wants a paid job

Of the 16% of people that want a job, **25%** had someone talk with them about job options.

25%

HEALTH AND HEALTHCARE

84% Have access to healthy foods when they want them

80% Had a physical exam/wellness visit in the past 12 months

50% Had dental exam in past 12 months

42% Went to the emergency room in the past 12 months

31% Stayed overnight in a hospital or rehab/nursing facility in past 12 months

18% Describe overall health as poor

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CHOICE AND RIGHTS

 **87%** can choose or change their services

57% can choose or change the people who provide paid supports



66% can choose or change when and how often they receive services

58% can have visitors at any time if living in a group setting



77% can eat meals when they want

2% use self-directed supports



UNMET NEEDS

85%

Services and supports help them live the life they want

73%

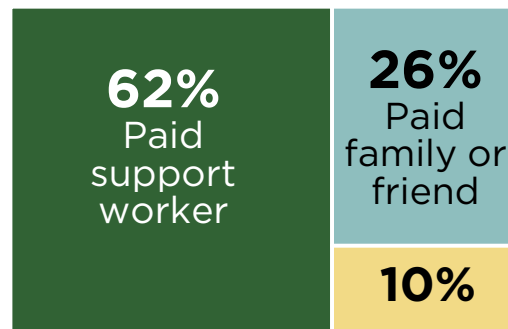
Services meet all current needs and goals

50%

Case manager has talked to them about services to help with unmet needs

WORKFORCE

Who helps person most often...



Unpaid family, friend, or volunteer

90%

say the people who are paid to help them treat them with respect

81%

say the people who are paid to help them always do things the way they want

78%

have a back-up plan if people who are paid to help do not show up

29%

say their case manager/care coordinator changes too much

30%

say their paid staff change too much

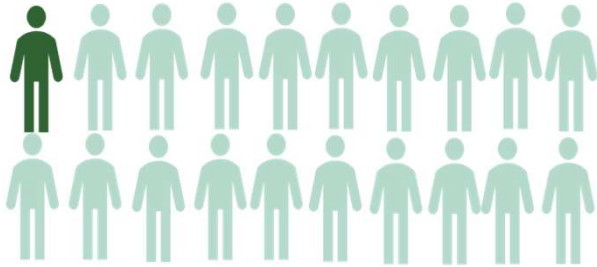
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SPOTLIGHT ON FALLS

Although falls can be common for older adults, falls are usually avoidable. Falls can occur at any age when people have unmet needs for home modifications, assistive devices, and supports generally. In this spotlight, we take a closer look at what NCI-AD data tells us about those with a frequent history of falls.

OVERVIEW



One out of every twenty NCI-AD respondents (5%) **have a history of frequent falls** (more than 2 falls in a six-month period).

5.0% 45-64:

5.4% 65-89:

6.5% 90+:

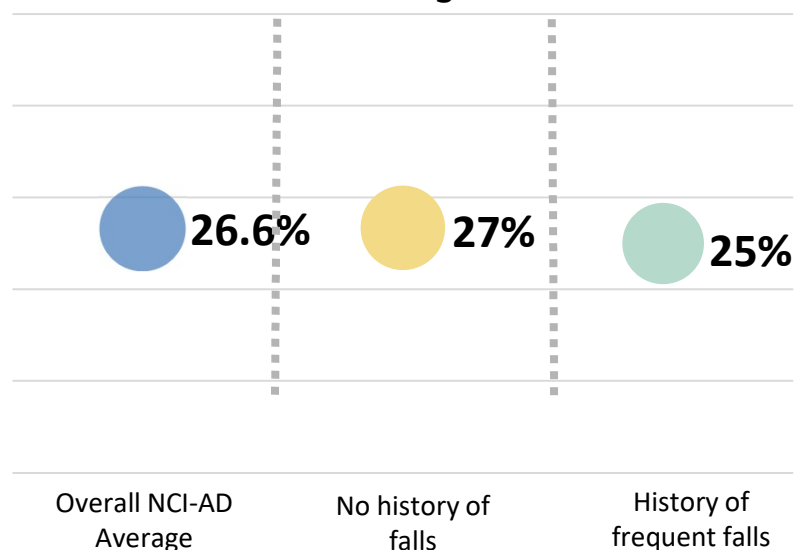
Those who are 90+ have the highest rates of frequent falls.

18.2%

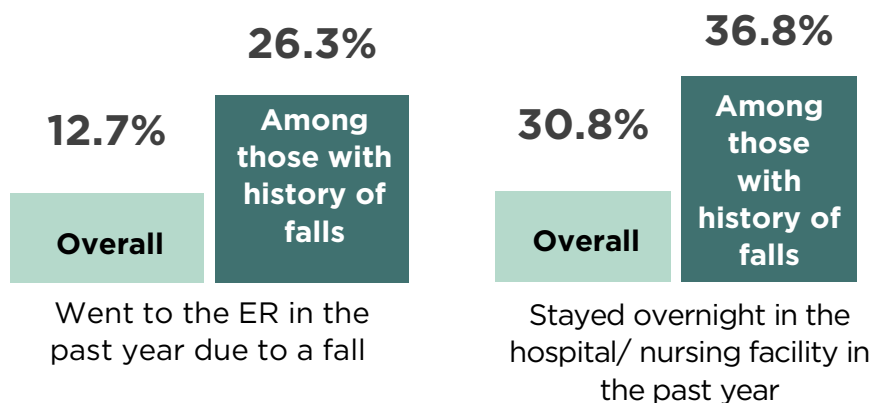
Among those with a history of frequent falls, about **1 out of every 5 people (18.2%)** had talked to or worked with somebody to reduce risk of falls.

UNMET NEEDS AND FALLS

Services do not meet all needs and goals



ACUTE HEALTH CARE USE



In addition to having higher rates of unmet needs, those with a **history of frequent falls have higher rates of acute health care use, including ER visits and hospitalizations.**