

State Plan under Title XIX of the Social Security Act
State/Territory: Arizona

Section 1905(a)(29) Medication Assisted Treatment (MAT)

General Assurances

[Select all three checkboxes below.]

MAT is covered under the Medicaid state plan for all Medicaid beneficiaries who meet the medical necessity criteria for receipt of the service for the period beginning October 1, 2020.

The state assures coverage of Naltrexone, Buprenorphine, and Methadone and all of the forms of these drugs for MAT that are approved under section 505 of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. 355) and all biological products licensed under section 351 of the Public Health Service Act (42 U.S.C. 262).

The state assures that Methadone for MAT is provided by Opioid Treatment Programs that meet the requirements in 42 C.F.R. Part 8.

Service Package

The state covers the following counseling services and behavioral health therapies as part of MAT: **[Please describe in the text fields as indicated below.]**

Please set forth each service and components of each service (if applicable), along with a description of each service and component service.

Individual Therapy: Therapy and counseling services that are provided individually and which address the therapeutic goals outlined in the service plan.

Group Therapy: Therapy and counseling services that are provided in a group setting and which address the therapeutic goals outlined in the service plan.

Family Therapy: Service that involves the participation of a non-Medicaid eligible individual but that is for the direct benefit of the beneficiary. There may be times when, based on clinical judgment, the beneficiary is not present during the delivery of the service, but remains the focus of the service.

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Please include each practitioner and provider entity that furnishes each service and component service.

Physician (MD, DO), Psychiatrist (MD,DO), Nurse Practitioner (NP), Physician Assistant (PA), Licensed Practical Nurse (LPN), Registered Nurse (RN), Licensed Clinical Social Worker (LCSW), Licensed Marriage/Family Therapist (LMFT), Licensed Professional Counselor (LPC), Licensed Independent Substance Abuse Counselor (LISAC), Licensed Behavior Analyst, Behavioral Health Paraprofessional (BHPP), Behavioral Health Technician (BHT).

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Please include a brief summary of the qualifications for each practitioner or provider entity that the state requires. Include any licensure, certification, registration, education, experience, training and supervisory arrangements that the state requires.

Practitioner Type	Education/Degree Required	Requires Supervision	Notes
Physician (MD, DO)	Graduate from an approved school of medicine or receive a medical education that the board deems to be of equivalent quality.	No	
Psychiatrist (MD, DO)	Licensed physician who has completed three years of graduate training in psychiatry in a program approved by the American Medical Association or the American Osteopathic Association.	No	
Nurse Practitioner (NP)	Completed a nurse practitioner educational program approved or recognized by the board and educational requirements prescribed by the board.	No	
Physician Assistant (PA)	Graduate from a physician's assistant educational program approved by the board and licensed by the board.	Yes	
Licensed Practical Nurse (LPN)	Satisfactory completion of basic curriculum in an approved practical or professional nursing program and hold a diploma, certificate or degree from that program.	No	

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Registered Nurse (RN)	Satisfactory completion of basic curriculum in an approved registered nursing program and holds a diploma or degree from that program.	No	
Licensed Clinical Social Worker (LCSW)	Master degree or higher in social work from a regionally accredited college or university in a program accredited by the Council on Social Work Education or an equivalent foreign degree as determined by the Foreign Equivalency Determination Service of the Council on Social Work Education.	No	
Licensed Marriage/Family Therapist (LMFT)	Master degree or higher in a behavioral health science from a regionally accredited college or university whose program is accredited by the Commission on Accreditation for Marriage and Family Education or determined by the marriage and family credentialing committee to be substantially equivalent to a program accredited by the Commission on Accreditation for Marriage and Family Education.	No	

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Practitioner Type	Education/Degree Required	Requires Supervision	Notes
Licensed Professional Counselor (LPC)	Master degree or higher in counseling or related field from a regionally accredited college or university in a program that consists of 48 hours semester credit hours or a program	No	
Licensed Independent Substance Abuse Counselor (LISAC)	Master degree or higher from a regionally accredited college or university in a behavioral health service with a minimum of 24 semester credit hours of counseling related coursework as determined by the substance abuse credentialing committee.	No	
Licensed Behavior Analyst	Graduate degree, Master degree or doctoral degree from an accredited college or university or institution of higher learning accredited by a recognized accrediting agency. Minimum of 225 classroom hours of specific graduate level instruction that meet nationally recognized standards for behavior analysts as determined by the board.	No	

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Practitioner Type	Education/Degree Required	Requires Supervision	Notes
Behavioral Health Paraprofessional (BHPP)	Associate's degree, a high school diploma or a high school equivalency diploma, must be at least 21 years old and has the skills and knowledge necessary to provide behavioral health services that the agency is authorized to provide and meet the needs of client populations served by the agency.	Yes	Supervision Required: BHPP's working full time receive at least four hours of clinical supervision by a BHP or BHT in a calendar month.
Behavioral Health Technician (BHT)	Master's degree or bachelor's degree in a field related to behavioral health; is a registered nurse, is a physician assistant who is not working as a medical practitioner, has a bachelor's degree and at least one year of full time behavioral health work experience; has as associate's degree and at least two years of full time behavioral health work experience; has a high school diploma or high school equivalency diploma and a combination of education in a field related to behavioral health and full time behavioral health work experience totaling at least two years; is licensed a practical nurse, according to A.R.S Title 32, Chapter 15, with at least three years of full time behavioral health work experience; or has a high school diploma or high school equivalency diploma at least four years of full time behavioral health work experience.	Yes	Supervision Required: BHT's working full time receive at least four hours of clinical supervision by a BHP in a calendar month.

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Utilization Controls

[Select all applicable checkboxes below.]

- The state has drug utilization controls in place. (Check each of the following that apply)
- Generic first policy
 - Preferred drug lists
 - Clinical criteria
 - Quantity limits
- The state does not have drug utilization controls in place.

Limitations

[Describe the state's limitations on amount, duration, and scope of MAT drugs, biologicals, and counseling and behavioral therapies related to MAT.]

Limitations on the amount, duration and scope of MAT drugs, biologicals and counseling/behavioral therapies related to MAT are based on clinical necessity.

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