



Back To Basics – Children’s Dental

7/11/18



General Considerations

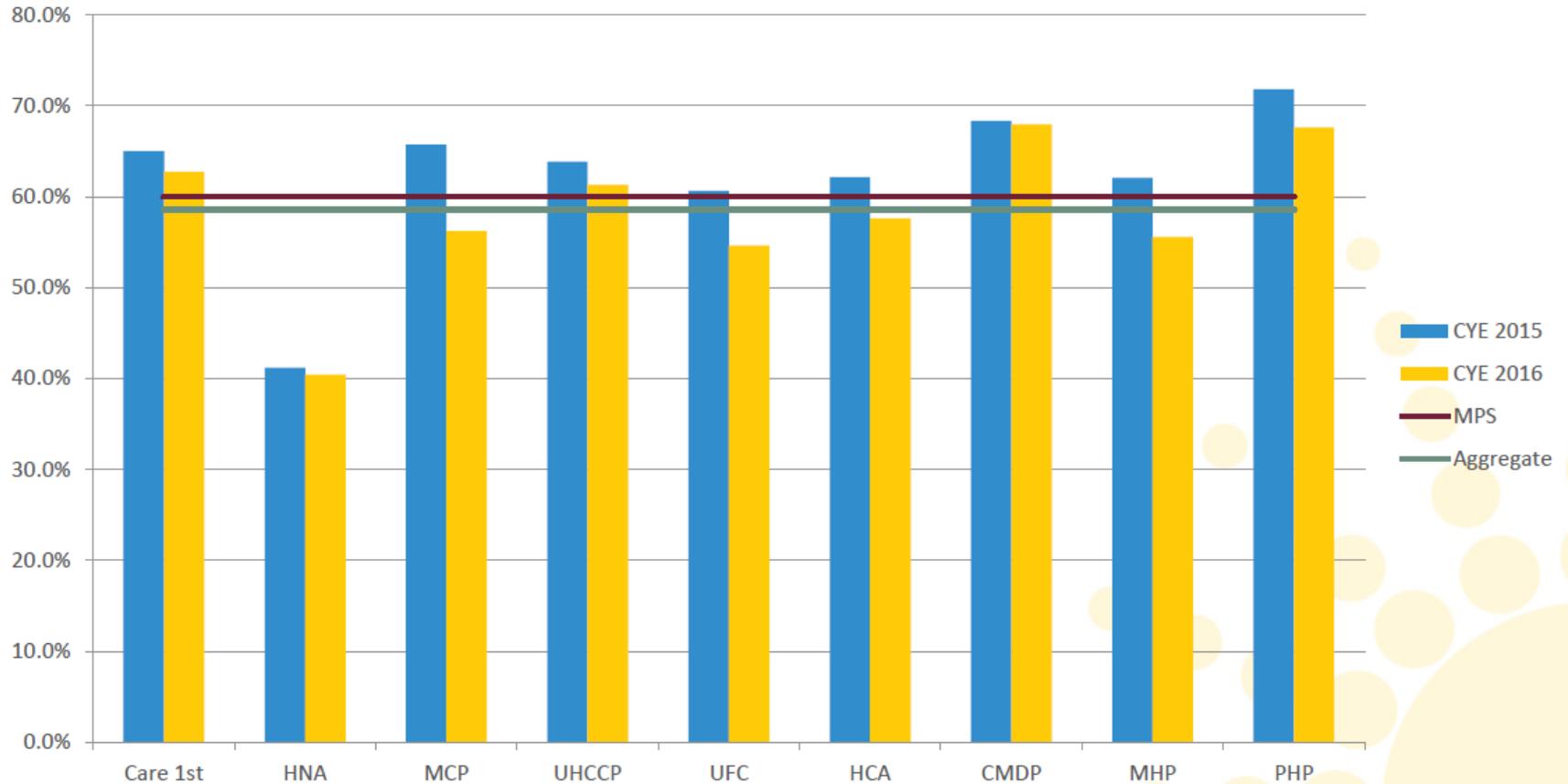
Dental Periodicity Schedule



Select Quality Measures

| Measure | CYE 2013 | CY 2014 | CYE 2015 | CYE 2016 |
|-----------------------------------|----------|---------|----------|----------|
| Children's Access 12-24 mo | 97.4 | 97.1 | 95.1 | 92.1 |
| Children's Access 25 mo-6 y | 89.2 | 88.5 | 87.7 | 85.4 |
| Children's Access 7-11 y | 91.4 | 92.4 | 91.5 | 90.6 |
| Children's Access 12-19 | 89.4 | 90.1 | 89.3 | 88 |
| Well child 6+ in 15 months | 67.9 | 71.5 | 62.1 | 57.7 |
| Well Child 3-6 | 65.5 | 64.9 | 64.6 | 61 |
| Adolescent | 39.7 | 40.7 | 39.9 | 39.2 |
| Dental | 59.2 | 63.5 | 63.7 | 58.6 |
| EPSDT | 59.2 | 63.5 | 63.7 | 58.6 |

AHCCCS Annual Dental Visits Performance Data



Annual Dental Visit Methodology

| Annual Dental Visits (ADV) | HEDIS 2018, Vol 2 |
|----------------------------|--|
| | The percentage of members 2 through 20 years of age who had at least one dental visit during the measurement period |
| Data Collection | Administrative |
| Time Frame | Analysis based on 12-month rolling period, ending with the last day of the previous quarter |
| Member Ages | 2 through 20 years of age |
| Anchor Date | December 31 of the measurement period |
| Variants | Time Frame, Anchor Date, and Rate Stratification - The Contractor is to provide the numerator, denominator, and percentage (rate) for members 2 through 20 years of age, thus giving a total rate that is being reported |
| # Numerator | The total number of members having one or more dental visits with a dental practitioner during the measurement period |
| # Denominator | The total eligible population |
| % | The number of members 2 through 20 years of age who had at least one dental visit during the measurement period divided by the total eligible population |

Preventative Dental Services Methodology

| Percentage of Eligibles Who Received Preventative Dental Services (PDENT-CH) | CMS 2017 Children's Core |
|---|--|
| Percentage of members ages 1 to 20 who are enrolled for at least 90 continuous days, are eligible for Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) services, and who received at least one preventive dental service during the reporting period | |
| Data Collection | Administrative (Form CMS-416) |
| Time Frame | Analysis based on 12-month rolling period, ending with the last day of the previous quarter |
| Member Ages | 1 to 20 years of age |
| Anchor Date | N/A |
| Variants | Time Frame and Reporting Stratification - The Contractor is to provide the numerator, denominator, and percentage (rate) for all ages combined, thus giving an overall rate that is being reported |
| # Numerator | The unduplicated number of individuals receiving at least one preventive dental service by or under the supervision of a dentist |
| # Denominator | The total unduplicated number of individuals ages 1 to 20 who have been continuously enrolled in Medicaid or CHIP Medicaid Expansion programs for at least 90 days and are eligible to receive EPSDT services |
| % | Number of individuals ages 1 to 20 who are enrolled in Medicaid or CHIP Medicaid Expansion programs for at least 90 continuous days, are eligible for Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) services, and who received at least one preventive dental service during the reporting period divided by the number of unduplicated individuals ages 1 to 20 who have been continuously enrolled in Medicaid or CHIP Medicaid Expansion programs for at least 90 days and are eligible to receive EPSDT services |

Dental Sealants Methodology

| Dental Sealants for 6-9 Year Old Children at Elevated Caries Risk (SEAL-CH) | CMS 2017 Children's Core |
|--|---|
| Percentage of children ages 6 to 9 at elevated risk of dental caries (i.e., "moderate" or "high" risk) who received a sealant on a permanent first molar tooth within the measurement period | |
| Data Collection | Administrative |
| Time Frame | Analysis based on 12-month rolling period, ending with the last day of the previous quarter |
| Member Ages | 6 to 9 years of age |
| Anchor Date | None |
| # Numerator | The unduplicated number of eligible children ages 6 to 9 at "elevated" risk for dental caries (i.e., "moderate" or "high" risk) who received a sealant on a permanent first molar tooth as a dental service |
| # Denominator | The unduplicated number of eligible children ages 6 to 9 at "elevated" risk for dental caries (i.e., "moderate" or "high" risk) |
| % | The unduplicated number of enrolled children ages 6 to 9 at elevated risk of dental caries (i.e., "moderate" or "high" risk) who received a sealant on a permanent first molar tooth within the measurement period divided by the unduplicated number of eligible children ages 6 to 9 at "elevated" risk for dental caries |

AHCCCS MPS (Contract)

| | |
|--|--|
| Annual Dental Visits (ADV): (ages 2-20) | 60% |
| Percentage of Eligibles Who Received Preventive Dental Services(PDENT) | 46% |
| Dental Sealants for Children Ages 6-9 at Elevated Caries Risk (SEAL) | Baseline Measurement Year*; CMS will be establishing MPS |

CDC Statistics

- About 1 of 5 (20%) children aged 5 to 11 years have at least one untreated decayed tooth.
- 1 of 7 (13%) adolescents aged 12 to 19 years have at least one untreated decayed tooth.
- Children aged 5 to 19 years from low-income families are twice as likely (25%) to have cavities, compared with children from higher-income households (11%).
- Children who have poor oral health miss more school and receive lower grades than their peers who have good oral care.
- https://www.cdc.gov/mmwr/volumes/65/wr/mm6541e1.htm?s_cid=m6541e1_w

AMPM Exhibit 431 1 AHCCCS Dental Periodicity Schedule

| RECOMMENDATIONS FOR PREVENTIVE PEDIATRIC ORAL HEALTH CARE* | | | | |
|--|--------------|-----------|------------|--------------------|
| These recommendations are designed for the care of children who have no contributing medical conditions and are developing normally. These recommendations may require modification for children with special health care needs. | | | | |
| AGE | 12-24 months | 2-6 years | 6-12 years | 12 years and older |
| Clinical oral examination including but not limited to the following ¹ | X | X | X | X |
| ➤ Assess oral growth and development | X | X | X | X |
| ➤ Caries-risk Assessment | X | X | X | X |
| ➤ Assessment for need for fluoride supplementation | X | X | X | X |
| ➤ Anticipatory Guidance/Counseling | X | X | X | X |
| ➤ Oral hygiene counseling | X | X | X | X |
| ➤ Dietary counseling | X | X | X | X |
| ➤ Injury prevention counseling | X | X | X | X |
| ➤ Counseling for nonnutritive habits | X | X | X | X |
| ➤ Substance abuse counseling | | | X | X |
| ➤ Counseling for intraoral/perioral piercing | | | X | X |
| ➤ Assessment for pit and fissure sealants | | X | X | X |
| Radiographic Assessment | X | X | X | X |
| Prophylaxis and topical fluoride | X | X | X | X |

¹ First examination is encouraged to begin by age 1. Repeat every 6 months or as indicated by child's risk status/susceptibility to disease.

NOTE: Parents or caregivers should be included in all consultations and counseling of members regarding preventive oral health care and the clinical findings.

NOTE: As in all medical care, dental care must be based on the individual needs of the member and the professional judgment of the oral health provider.

* Adaptation from the American Academy of Pediatric Dentistry Schedule

Caries Risk Assessment

| RECOMMENDATIONS FOR PREVENTIVE PEDIATRIC ORAL HEALTH CARE* | | | | |
|--|--------------|-----------|------------|--------------------|
| These recommendations are designed for the care of children who have no contributing medical conditions and are developing normally. These recommendations may require modification for children with special health care needs. | | | | |
| AGE | 12-24 months | 2-6 years | 6-12 years | 12 years and older |
| Clinical oral examination including but not limited to the following: ¹ | X | X | X | X |
| ➤ Assess oral growth and development | X | X | X | X |
| ➤ Caries risk Assessment | X | X | X | X |
| ➤ Assessment for need for fluoride supplementation | X | X | X | X |
| ➤ Anticipatory Guidance/Counseling | X | X | X | X |
| ➤ Oral hygiene counseling | X | X | X | X |
| ➤ Dietary counseling | X | X | X | X |
| ➤ Injury prevention counseling | X | X | X | X |
| ➤ Counseling for nonnutritive habits | X | X | X | X |
| ➤ Substance abuse counseling | | | X | X |
| ➤ Counseling for intraoral/perioral piercing | | | X | X |
| ➤ Assessment for pit and fissure sealants | | X | X | X |
| Radiographic Assessment | X | X | X | X |
| Prophylaxis and topical fluoride | X | X | X | X |

¹ First examination is encouraged to begin by age 1. Repeat every 6 months or as indicated by child's risk status/susceptibility to disease.

NOTE: Parents or caregivers should be included in all consultations and counseling of members regarding preventive oral health care and the clinical findings.

NOTE: As in all medical care, dental care must be based on the individual needs of the member and the professional judgment of the oral health provider.

* Adaptation from the American Academy of Pediatric Dentistry Schedule

Caries Risk Assessment

| ADA American Dental Association® America's leading advocate for oral health | | | |
|---|--|--|--|
| Caries Risk Assessment Form (Age 0-6) | | | |
| Patient Name: | | | |
| Birth Date: | | Date: | |
| Age: | | Initials: | |
| | Low Risk | Moderate Risk | High Risk |
| Contributing Conditions | | Check or Circle the conditions that apply | |
| I. Fluoride Exposure (through drinking water, supplements, professional applications, toothpaste) | <input type="checkbox"/> Yes | <input type="checkbox"/> No | |
| II. Sugary Foods or Drinks (including juice, carbonated or non-carbonated soft drinks, energy drinks, medicinal syrups) | Primarily at mealtimes <input type="checkbox"/> | Frequent or prolonged between meal exposures/day <input type="checkbox"/> | Bottle or sippy cup with anything other than water at bed time <input type="checkbox"/> |
| III. Eligible for Government Programs (WIC, Head Start, Medicaid or SCHIP) | <input type="checkbox"/> No | | <input type="checkbox"/> Yes |
| IV. Caries Experience of Mother, Caregiver and/or other Siblings | No carious lesions in last 24 months <input type="checkbox"/> | Carious lesions in last 7-23 months <input type="checkbox"/> | Carious lesions in last 6 months <input type="checkbox"/> |
| V. Dental Home: established patient of record in a dental office | <input type="checkbox"/> Yes | <input type="checkbox"/> No | |
| General Health Conditions | | Check or Circle the conditions that apply | |
| I. Special Health Care Needs (developmental, physical, medical or mental disabilities that prevent or limit performance of adequate oral health care by themselves or caregivers) | <input type="checkbox"/> No | | <input type="checkbox"/> Yes |
| Clinical Conditions | | Check or Circle the conditions that apply | |
| I. Visual or Radiographically Evident Restorations/ Cavitated Carious Lesions | No new carious lesions or restorations in last 24 months <input type="checkbox"/> | | Carious lesions or restorations in last 24 months <input type="checkbox"/> |
| II. Non-cavitated (incipient) Carious Lesions | No new lesions in last 24 months <input type="checkbox"/> | | New lesions in last 24 months <input type="checkbox"/> |
| III. Teeth Missing Due to Caries | <input type="checkbox"/> No | | <input type="checkbox"/> Yes |
| IV. Visible Plaque | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| V. Dental/Orthodontic Appliances Present (fixed or removable) | <input type="checkbox"/> No | <input type="checkbox"/> Yes | |
| VI. Salivary Flow | Visually adequate <input type="checkbox"/> | | Visually inadequate <input type="checkbox"/> |
| Overall assessment of dental caries risk: <input type="checkbox"/> Low <input type="checkbox"/> Moderate <input type="checkbox"/> High | | | |
| Instructions for Caregiver: | | | |
| | | | |

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Caries Risk Assessment

ADA American Dental Association®
America's leading advocate for oral health

Caries Risk Assessment Form (Age 0-6)

Circle or check the boxes of the conditions that apply. Low Risk – only conditions in "Low Risk" column present; Moderate Risk – only conditions in "Low" and/or "Moderate Risk" columns present; High Risk – one or more conditions in the "High Risk" column present.

The clinical judgment of the dentist may justify a change of the patient's risk level (increased or decreased) based on review of this form and other pertinent information. For example, missing teeth may not be regarded as high risk for a follow up patient; or other risk factors not listed may be present.

The assessment cannot address every aspect of a patient's health, and should not be used as a replacement for the dentist's inquiry and judgment. Additional or more focused assessment may be appropriate for patients with specific health concerns. As with other forms, this assessment may be only a starting point for evaluating the patient's health status.

This is a tool provided for the use of ADA members. It is based on the opinion of experts who utilized the most up-to-date scientific information available. The ADA plans to periodically update this tool based on: 1) member feedback regarding its usefulness, and; 2) advances in science. ADA member-users are encouraged to share their opinions regarding this tool with the Council on Dental Practice.

Signatures

Patient, Parent or Guardian _____

Student _____

Faculty Advisor _____

Reaching across Arizona to provide comprehensive
quality health care for those in need

AAP Oral Health Risk Assessment

Oral Health Risk Assessment Tool

The American Academy of Pediatrics (AAP) has developed this tool to aid in the implementation of oral health risk assessment during health supervision visits. This tool has been subsequently reviewed and endorsed by the National Interprofessional Initiative on Oral Health.

Instructions for Use

This tool is intended for documenting caries risk of the child, however, two risk factors are based on the mother or primary caregiver's oral health. All other factors and findings should be documented based on the child.

The child is at an absolute high risk for caries if any risk factors or clinical findings, marked with a ▲ sign, are documented yes. In the absence of ▲ risk factors or clinical findings, the clinician may determine the child is at high risk of caries based on one or more positive responses to other risk factors or clinical findings. Answering yes to protective factors should be taken into account with risk factors/clinical findings in determining low versus high risk.

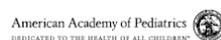
Patient Name: _____ Date of Birth: _____ Date: _____
 Visit: 6 month 9 month 12 month 15 month 18 month 24 month 30 month 3 year
 4 year 5 year 6 year Other _____

| RISK FACTORS | PROTECTIVE FACTORS | CLINICAL FINDINGS |
|--|--|--|
| ▲ Mother or primary caregiver had active decay in the past 12 months <input type="checkbox"/> Yes <input type="checkbox"/> No ● Mother or primary caregiver does not have a dentist <input type="checkbox"/> Yes <input type="checkbox"/> No ● Continual bottle/sippy cup use with fluid other than water <input type="checkbox"/> Yes <input type="checkbox"/> No ● Frequent snacking <input type="checkbox"/> Yes <input type="checkbox"/> No ● Special health care needs <input type="checkbox"/> Yes <input type="checkbox"/> No ● Medicaid eligible <input type="checkbox"/> Yes <input type="checkbox"/> No | ● Existing dental home <input type="checkbox"/> Yes <input type="checkbox"/> No ● Drinks fluoridated water or takes fluoride supplements <input type="checkbox"/> Yes <input type="checkbox"/> No ● Fluoride varnish in the last 6 months <input type="checkbox"/> Yes <input type="checkbox"/> No ● Has teeth brushed twice daily <input type="checkbox"/> Yes <input type="checkbox"/> No | ▲ White spots or visible decalcifications in the past 12 months <input type="checkbox"/> Yes <input type="checkbox"/> No ▲ Obvious decay <input type="checkbox"/> Yes <input type="checkbox"/> No ▲ Restorations (fillings) present <input type="checkbox"/> Yes <input type="checkbox"/> No ● Visible plaque accumulation <input type="checkbox"/> Yes <input type="checkbox"/> No ● Gingivitis (swollen/bleeding gums) <input type="checkbox"/> Yes <input type="checkbox"/> No ● Teeth present <input type="checkbox"/> Yes <input type="checkbox"/> No ● Healthy teeth <input type="checkbox"/> Yes <input type="checkbox"/> No |
| ASSESSMENT/PLAN | | |
| Caries Risk: <input type="checkbox"/> Low <input type="checkbox"/> High Completed: <input type="checkbox"/> Anticipatory Guidance <input type="checkbox"/> Fluoride Varnish <input type="checkbox"/> Dental Referral | Self Management Goals: <input type="checkbox"/> Regular dental visits <input type="checkbox"/> Dental treatment for parents <input type="checkbox"/> Brush twice daily <input type="checkbox"/> Use fluoride toothpaste | <input type="checkbox"/> Wean off bottle <input type="checkbox"/> Less/No juice <input type="checkbox"/> Only water in sippy cup <input type="checkbox"/> Drink tap water <input type="checkbox"/> Healthy snacks <input type="checkbox"/> Less/No junk food or candy <input type="checkbox"/> No soda <input type="checkbox"/> Xylitol |

Treatment of High Risk Children

If appropriate, high-risk children should receive professionally applied fluoride varnish and have their teeth brushed twice daily with an age-appropriate amount of fluoridated toothpaste. Referral to a pediatric dentist or a dentist comfortable caring for children should be made with follow-up to ensure that the child is being cared for in the dental home.

Adapted from Ramirez Gomez FJ, Crystal YO, Ng MW, Craft JJ, Fasharstone JD. Pediatric dental care prevention and management protocols based on caries risk assessment. J Calif Dent Assoc. 2010;38(10):746-761; American Academy of Pediatrics. Section on Pediatric Dentistry and Oral Health. Preventive oral health intervention for pediatricians. Pediatrics. 2003; 112(5):1307-1304; and American Academy of Pediatrics. Section of Pediatric Dentistry. Oral health risk assessment timing and establishment of the dental home. Pediatrics. 2005; 115(3):1113-1116. The recommendations in this publication do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate. Copyright © 2011 American Academy of Pediatrics. All rights reserved. The American Academy of Pediatrics does not review or endorse any modifications made to this document and it is no longer the AAP's liability for any such changes.



AAP Oral Health Risk Assessment

Oral Health Risk Assessment Tool Guidance

Timing of Risk Assessment

The Bright Futures/AAP "Recommendations for Preventive Pediatric Health Care," (ie, Periodicity Schedule) recommends all children receive a risk assessment at the 6- and 9-month visits. For the 12-, 18-, 24-, 30-month, and the 3- and 6-year visits, risk assessment should continue if a dental home has not been established. View the Bright Futures/AAP Periodicity Schedule—http://brightfutures.aap.org/clinical_practice.html.

Risk Factors

▲ Maternal Oral Health

Studies have shown that children with mothers or primary caregivers who have had active decay in the past 12 months are at greater risk to develop caries. **This child is high risk.**

Maternal Access to Dental Care

Studies have shown that children with mothers or primary caregivers who do not have a regular source of dental care are at a greater risk to develop caries. A follow-up question may be if the child has a dentist.

Continual Bottle/Sippy Cup Use

Children who drink juice, soda, and other liquids that are not water, from a bottle or sippy cup continually throughout the day or at night are at an increased risk of caries. The frequent intake of sugar does not allow for the acid it produces to be neutralized or washed away by saliva. Parents of children with this risk factor need to be counseled on how to reduce the frequency of sugar-containing beverages in the child's diet.

Frequent Snacking

Children who snack frequently are at an increased risk of caries. The frequent intake of sugar/refined carbohydrates does not allow for the acid it produces to be neutralized or washed away by saliva. Parents of children with this risk factor need to be counseled on how to reduce frequent snacking and choose healthy snacks such as cheese, vegetables, and fruit.

Special Health Care Needs

Children with special health care needs are at an increased risk for caries due to their diet, xerostomia (dryness of the mouth, sometimes due to asthma or allergy medication use), difficulty performing oral hygiene, seizures, gastroesophageal reflux disease and vomiting, attention deficit hyperactivity disorder, and gingival hyperplasia or overcrowding of teeth. Premature babies also may experience enamel hypoplasia.

Protective Factors

Dental Home

According to the American Academy of Pediatric Dentistry (AAPD), the dental home is oral health care for the child that is delivered in a comprehensive, continuously accessible, coordinated and family-centered way by a licensed dentist. The AAP and the AAPD recommend that a dental home be established by age 1. Communication between the dental and medical homes should be ongoing to appropriately coordinate care for the child. If a dental home is not available, the primary care clinician should continue to do oral health risk assessment at every well-child visit.

Fluoridated Water/Supplements

Drinking fluoridated water provides a child with systemic and topical fluoride exposure, a proven caries reduction intervention. Fluoride supplements may be prescribed by the primary care clinician or dentist if needed. View fluoride resources on the Oral Health Practice Tools Web Page <http://aap.org/oralhealth/PracticeTools.html>.

Fluoride Varnish in the Last 6 Months

Applying fluoride varnish provides a child with highly concentrated fluoride to protect against caries. Fluoride varnish may be professionally applied and is now recommended by the United States Preventive Services Task Force as a preventive service in the primary care setting for all children through age 5 <http://www.uspreventiveservicestaskforce.org/Page/Topic/recommendation-summary/dental-caries-in-children-from-birth-through-age-5-years-screening>. For online fluoride varnish training, access the Caries Risk Assessment, Fluoride Varnish, and Counseling Module in the Smiles for Life National Oral Health Curriculum, www.smilesforlife.org.

Tooth Brushing and Oral Hygiene

Primary care clinicians can reinforce good oral hygiene by teaching parents and children simple practices. Infants should have their mouths cleaned after feedings with a wet soft washcloth. Once teeth erupt it is recommended that children have their teeth brushed twice a day. For children under the age of 3 (until 3rd birthday) it is appropriate to recommend brushing with a smear (grain of rice amount) of fluoridated toothpaste twice per day. Children 3 years of age and older should use a pea-sized amount of fluoridated toothpaste twice a day. View the AAP Clinical Report on the use of fluoride in the primary care setting for more information <http://pediatrics.aappublications.org/content/early/2014/08/19/peds.2014.1699>.

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN™



National Interprofessional Initiative
on Oral Health
engaging clinicians
transforming dental practice

AAP Oral Health Risk Assessment

Clinical Findings



White Spots/Decalcifications
This child is high risk.
 White spot decalcifications present—immediately place the child in the high-risk category.



Obvious Decay
This child is high risk.
 Obvious decay present—immediately place the child in the high-risk category.



Restorations (Fillings) Present
This child is high risk.
 Restorations (Fillings) present—immediately place the child in the high-risk category.



Visible Plaque Accumulation
 Plaque is the soft and sticky substance that accumulates on the teeth from food debris and bacteria. Primary care clinicians can teach parents how to remove plaque from the child's teeth by brushing and flossing.



Gingivitis
 Gingivitis is the inflammation of the gums. Primary care clinicians can teach parents good oral hygiene skills to reduce the inflammation.



Healthy Teeth
 Children with healthy teeth have no signs of early childhood caries and no other clinical findings. They are also experiencing normal tooth and mouth development and spacing.

For more information about the AAP's oral health activities email oralhealth@aap.org or visit www.aap.org/oralhealth.

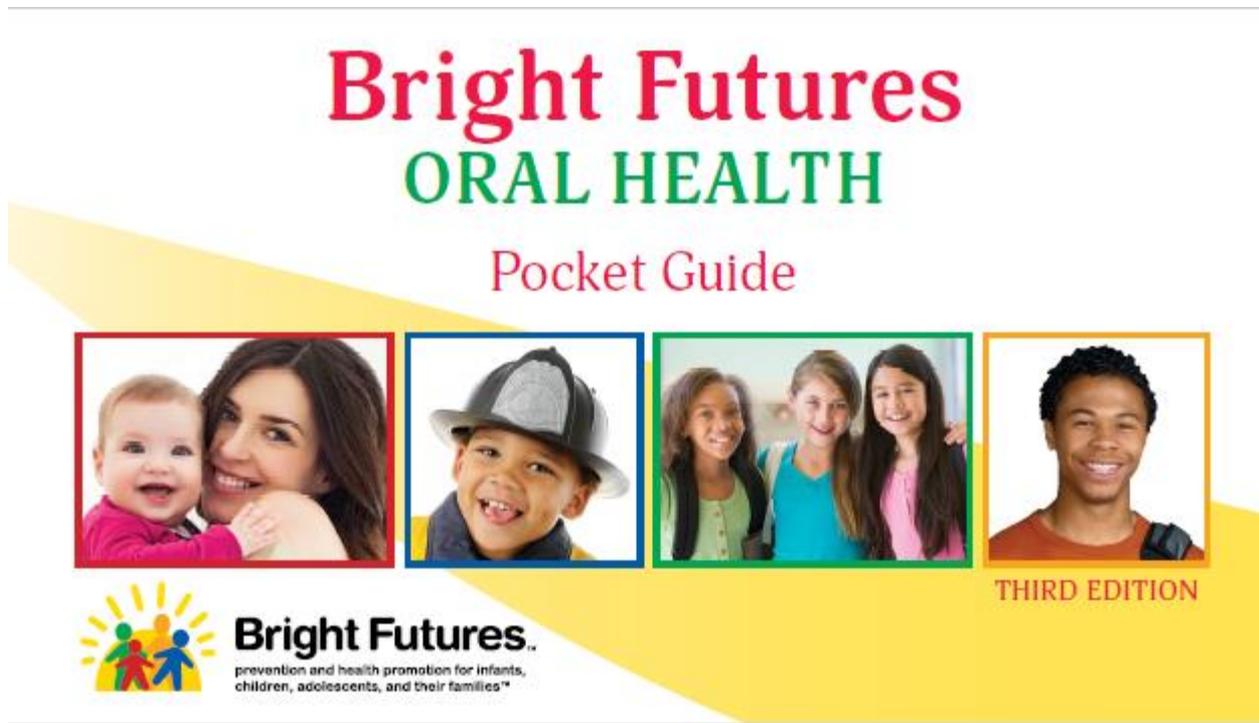
This recommendation in this publication does not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate. Copyright © 2011 American Academy of Pediatrics. All rights reserved. The American Academy of Pediatrics does not warrant or endorse any modifications made to this document and is not bound by any such changes.



Bright Futures Oral Health Pocket Guide



- <https://www.mchoralhealth.org/pocket/>



Bright Futures Risk Assessment

RISK ASSESSMENT



Dental Caries Risk

RISK ASSESSMENT

DENTAL CARIES RISK ASSESSMENT TABLE

RISK FACTORS

INTERVENTION STRATEGIES

Physical: Examples

| | |
|--|--|
| Previous dental caries experience | Increased frequency of oral health supervision |
| High <i>Streptococcus mutans</i> count | Reduction of <i>Streptococcus mutans</i> count |
| History of tooth decay | Increased frequency of oral health supervision |
| Variations in tooth enamel; deep pits and fissures; anatomically susceptible areas | Dental sealants (if possible) or observation |
| Special health care needs | Preventive intervention to minimize effects |
| Gastric reflux | Management of condition |

Behavioral: Examples

| | |
|---|--|
| Frequent snacking | Reduction in snacking frequency |
| Poor oral hygiene | Good oral hygiene |
| Frequent or prolonged bottle feedings during the day or night | Less-frequent and less-prolonged bottle feedings, and weaning from bottle by age 12 to 14 months |
| Self-induced vomiting | Referral for counseling |

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Dental Caries Risk

DENTAL CARIES RISK ASSESSMENT TABLE (continued)

| RISK FACTORS | INTERVENTION STRATEGIES |
|---|--|
| <i>Socioenvironmental: Examples</i> | |
| Inadequate fluoride | Optimal systemic and/or topical fluoride |
| Poverty | Access to care |
| Poor family oral health | Access to care and good oral hygiene |
| High parental levels of <i>Streptococcus mutans</i> | Good parental oral health and oral hygiene |
| <i>Disease or Treatment Related: Examples</i> | |
| Special carbohydrate diet | Preventive intervention to minimize effects |
| Frequent intake of medications containing sugar | Alternate medications or preventive intervention to minimize effects |
| Orthodontic appliances | Good oral hygiene for appliances |
| Reduced saliva flow from medication or irradiation | Saliva substitute |

RISK ASSESSMENT

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Periodontal Disease Risk

RISK ASSESSMENT

PERIODONTAL DISEASE RISK ASSESSMENT TABLE

RISK FACTORS

INTERVENTION STRATEGIES

Physical: Examples

| | |
|--------------------------------------|---|
| Gingivitis | Treatment of disease |
| Puberty | Preventive measures to address oral effects |
| Pregnancy | Preventive measures to address oral effects |
| Mouthbreathing | Management of mouthbreathing |
| Malpositioned or crowded teeth | Orthodontic care |
| Genetic predisposition | Preventive intervention to minimize effects |
| Anatomical variations (e.g., frenum) | Surgical correction |

Behavioral: Examples

| | |
|---------------------|---|
| Poor oral hygiene | Good oral hygiene |
| Tobacco use | Tobacco-use cessation |
| Birth control pills | Preventive measures to minimize effects |

Socioenvironmental: Examples

| | |
|-------------------------|--------------------------------------|
| Poverty | Access to care |
| Poor family oral health | Access to care and good oral hygiene |

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Periodontal Disease Risk

PERIODONTAL DISEASE RISK ASSESSMENT TABLE (continued)

RISK FACTORS

INTERVENTION STRATEGIES

Disease or Treatment Related: Examples

| | |
|--|--|
| Infectious disease (e.g., HIV/AIDS) | Treatment of disease and preventive intervention to minimize effects |
| Medications (e.g., calcium channel blockers) | Preventive intervention to minimize effects |
| Unrestored or poorly restored tooth decay | Properly contoured and finished restorations |
| Metabolic disease (e.g., diabetes) | Treatment of disease |
| Neoplastic disease (e.g., leukemia or its treatment) | Treatment of disease and preventive intervention to minimize effects |
| Injury | Use of age-appropriate safety measures and treatment of injury |
| Nutritional deficiencies (e.g., vitamin C) | Good eating behaviors |

RISK ASSESSMENT

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Malocclusion Risk

RISK ASSESSMENT

MALOCCLUSION RISK ASSESSMENT TABLE

RISK FACTORS

INTERVENTION STRATEGIES

Physical: Examples

| | |
|---|------------------------------|
| Familial tendency for malocclusion | Early intervention |
| Conditions associated with malocclusion (e.g., cleft lip/palate) | Early intervention |
| Variations in development (e.g., tooth eruption delays and malpositioned teeth) | Early intervention |
| Congenital absence of teeth | Early intervention |
| Mouthbreathing | Management of mouthbreathing |
| Muscular imbalances | Early therapy |

Behavioral: Examples

| | |
|--|----------------------|
| Nonnutritive sucking habits in children ages 4 and above | Elimination of habit |
|--|----------------------|

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Malocclusion Risk

MALOCCLUSION RISK ASSESSMENT TABLE (continued)

RISK FACTORS

Disease or Treatment Related: Examples

Loss of space owing to dental caries

Skeletal growth disorders (e.g., renal disease)

Acquired problem from systemic condition or its therapy

Musculoskeletal conditions (e.g., cerebral palsy)

Injury

INTERVENTION STRATEGIES

Early intervention for dental caries

Dental intervention as a part of medical care

Dental intervention as a part of medical care

Dental intervention as a part of medical care

Use of age-appropriate measures (e.g., car seats, booster seats, seat belts, stair gates, mouth guards) and treatment of injury

RISK ASSESSMENT

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Injury Risk Assessment

RISK ASSESSMENT

INJURY RISK ASSESSMENT TABLE

RISK FACTORS

INTERVENTION STRATEGIES

Physical: Examples

Poor coordination (e.g., children with special health care needs)

Referral for appropriate physical therapy

Protruding front teeth

Orthodontic care

Lack of protective reflexes

Referral for appropriate therapy

Behavioral: Examples

Failure to use age-appropriate safety measures (e.g., car seats, booster seats, seat belts, stair gates, mouth guards)

Use of age-appropriate safety measures

Participation in contact physical activities and sports

Use of protective gear

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Injury Risk Assessment

INJURY RISK ASSESSMENT TABLE (continued)

| RISK FACTORS | INTERVENTION STRATEGIES |
|---|--|
| <i>Socioenvironmental: Examples</i> | |
| Multiple family problems | Referral for family counseling |
| Child abuse or neglect | Reporting of suspected abuse or neglect to local social service agency |
| Substance use by child or adolescent | Referral for substance abuse counseling |
| Substance abuse in family | Referral for substance abuse counseling |
| <i>Disease or Treatment Related: Examples</i> | |
| Hyperactivity | Management of condition |
| Overmedication | Adjustment of medications |

RISK ASSESSMENT

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Oral Health and Children with Developmental Disabilities

- <http://pediatrics.aappublications.org/content/131/3/614>



Oral and Dental Aspects of Child Abuse and Neglect

- <http://pediatrics.aappublications.org/content/140/2/e20171487>

Anticipatory Guidance - Fluoride

| RECOMMENDATIONS FOR PREVENTIVE PEDIATRIC ORAL HEALTH CARE* | | | | |
|--|--------------|-----------|------------|--------------------|
| These recommendations are designed for the care of children who have no contributing medical conditions and are developing normally. These recommendations may require modification for children with special health care needs. | | | | |
| AGE | 12-24 months | 2-6 years | 6-12 years | 12 years and older |
| Clinical oral examination including but not limited to the following: ¹ | X | X | X | X |
| ➤ Assess oral growth and development | X | X | X | X |
| ➤ Caries-risk Assessment | X | X | X | X |
| ➤ Assessment for need for fluoride supplementation | X | X | X | X |
| ➤ Anticipatory Guidance Counseling | X | X | X | X |
| ➤ Oral hygiene counseling | X | X | X | X |
| ➤ Dietary counseling | X | X | X | X |
| ➤ Injury prevention counseling | X | X | X | X |
| ➤ Counseling for nonnutritive habits | X | X | X | X |
| ➤ Substance abuse counseling | | | X | X |
| ➤ Counseling for intraoral/perioral piercing | | | X | X |
| ➤ Assessment for pit and fissure sealants | | X | X | X |
| Radiographic Assessment | X | X | X | X |
| Prophylaxis and topical fluoride | X | X | X | X |

¹ First examination is encouraged to begin by age 1. Repeat every 6 months or as indicated by child's risk status/susceptibility to disease.

NOTE: Parents or caregivers should be included in all consultations and counseling of members regarding preventive oral health care and the clinical findings.

NOTE: As in all medical care, dental care must be based on the individual needs of the member and the professional judgment of the oral health provider.

* Adaptation from the American Academy of Pediatric Dentistry Schedule

Fluoride Supplementation

Dietary Fluoride Supplementation Schedule for Children and Adolescents at High Risk for Developing Caries

| Age | Fluoride Ion Level in Drinking Water ^a | | |
|------------------|---|-------------|-----------|
| | < 0.3 ppm | 0.3–0.6 ppm | > 0.6 ppm |
| Newborn–6 months | None | None | None |
| 6 months–3 years | 0.25 mg/day ^b | None | None |
| 3–6 years | 0.50 mg/day | 0.25 mg/day | None |
| 6–16 years | 1.0 mg/day | 0.50 mg/day | None |

^a 1.0 ppm = 1 mg/L

^b 2.2 mg sodium fluoride contains 1 mg fluoride ion.

Reproduced with permission from the American Dental Association from *ADA Guide to Dental Therapeutics* (2nd ed.).

Dental Development

| RECOMMENDATIONS FOR PREVENTIVE PEDIATRIC ORAL HEALTH CARE* | | | | |
|--|--------------|-----------|------------|--------------------|
| These recommendations are designed for the care of children who have no contributing medical conditions and are developing normally. These recommendations may require modification for children with special health care needs. | | | | |
| AGE | 12-24 months | 2-6 years | 6-12 years | 12 years and older |
| Clinical oral examination including but not limited to the following: ¹ | X | X | X | X |
| ➤ Assess oral growth and development | X | X | X | X |
| ➤ Caries-risk Assessment | X | X | X | X |
| ➤ Assessment for need for fluoride supplementation | X | X | X | X |
| ➤ Anticipatory Guidance/Counseling | X | X | X | X |
| ➤ Oral hygiene counseling | X | X | X | X |
| ➤ Dietary counseling | X | X | X | X |
| ➤ Injury prevention counseling | X | X | X | X |
| ➤ Counseling for nonnutritive habits | X | X | X | X |
| ➤ Substance abuse counseling | | | X | X |
| ➤ Counseling for intraoral/perioral piercing | | | X | X |
| ➤ Assessment for pit and fissure sealants | | X | X | X |
| Radiographic Assessment | X | X | X | X |
| Prophylaxis and topical fluoride | X | X | X | X |

¹ First examination is encouraged to begin by age 1. Repeat every 6 months or as indicated by child's risk status/susceptibility to disease.

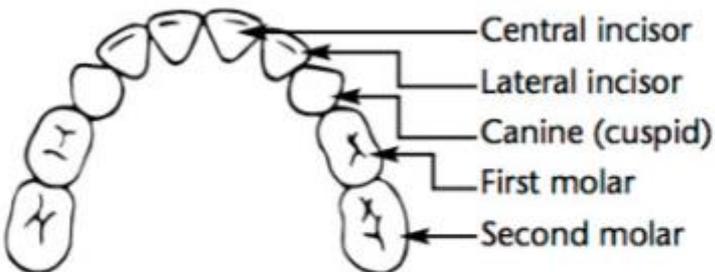
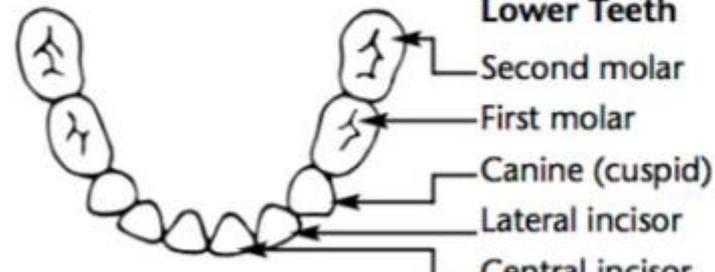
NOTE: Parents or caregivers should be included in all consultations and counseling of members regarding preventive oral health care and the clinical findings.

NOTE: As in all medical care, dental care must be based on the individual needs of the member and the professional judgment of the oral health provider.

* Adaptation from the American Academy of Pediatric Dentistry Schedule

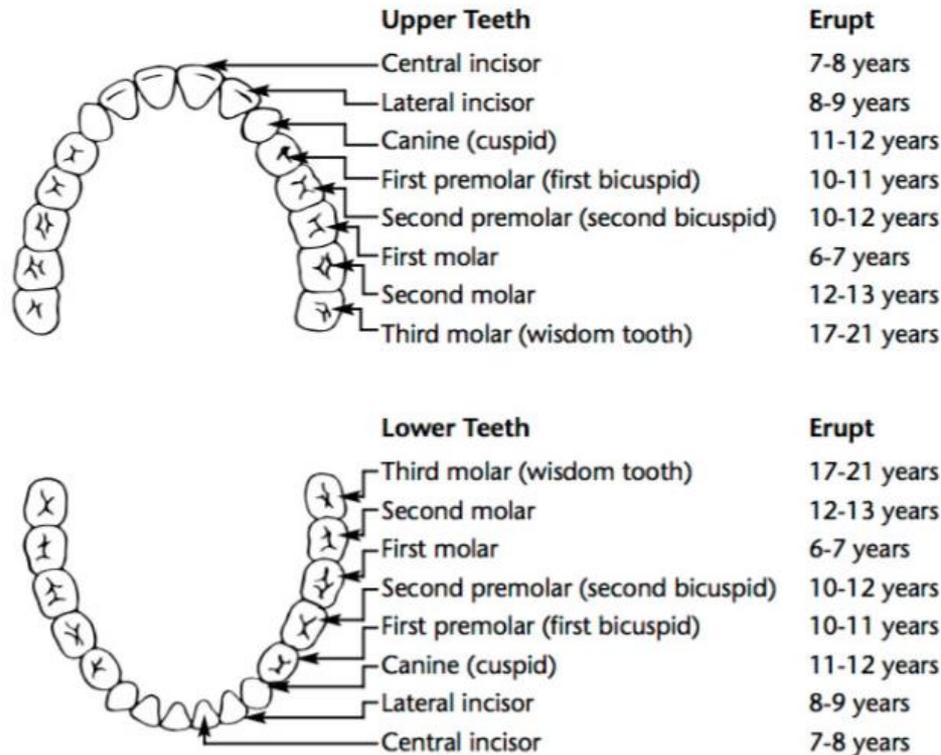
Tooth Eruption – Primary Dentition

PRIMARY DENTITION

| | Upper Teeth | Erupt | Exfoliate |
|---|-----------------|--------------|-------------|
|  | Central incisor | 8-12 months | 6-7 years |
| | Lateral incisor | 9-13 months | 7-8 years |
| | Canine (cuspid) | 16-22 months | 10-12 years |
| | First molar | 13-19 months | 9-11 years |
| | Second molar | 25-33 months | 10-12 years |
|  | Second molar | 23-31 months | 10-12 years |
| | First molar | 14-18 months | 9-11 years |
| | Canine (cuspid) | 17-23 months | 9-12 years |
| | Lateral incisor | 10-16 months | 7-8 years |
| | Central incisor | 6-10 months | 6-7 years |

Tooth Eruption – Permanent Dentition

PERMANENT DENTITION



Anticipatory Guidance

| RECOMMENDATIONS FOR PREVENTIVE PEDIATRIC ORAL HEALTH CARE* | | | | |
|--|--------------|-----------|------------|--------------------|
| These recommendations are designed for the care of children who have no contributing medical conditions and are developing normally. These recommendations may require modification for children with special health care needs. | | | | |
| AGE | 12-24 months | 2-6 years | 6-12 years | 12 years and older |
| Clinical oral examination including but not limited to the following ¹ | X | X | X | X |
| ➤ Assess oral growth and development | X | X | X | X |
| ➤ Caries-risk Assessment | X | X | X | X |
| ➤ Assessment for need for fluoride supplementation | X | X | X | X |
| ➤ Anticipatory Guidance Counseling | X | X | X | X |
| ➤ Oral hygiene counseling | X | X | X | X |
| ➤ Dietary counseling | X | X | X | X |
| ➤ Injury prevention counseling | X | X | X | X |
| ➤ Counseling for nonnutritive habits | X | X | X | X |
| ➤ Substance abuse counseling | | | X | X |
| ➤ Counseling for intraoral/perioral piercing | | | X | X |
| ➤ Assessment for pit and fissure sealants | | X | X | X |
| Radiographic Assessment | X | X | X | X |
| Prophylaxis and topical fluoride | X | X | X | X |

¹ First examination is encouraged to begin by age 1. Repeat every 6 months or as indicated by child's risk status/susceptibility to disease.

NOTE: Parents or caregivers should be included in all consultations and counseling of members regarding preventive oral health care and the clinical findings.

NOTE: As in all medical care, dental care must be based on the individual needs of the member and the professional judgment of the oral health provider.

* Adaptation from the American Academy of Pediatric Dentistry Schedule

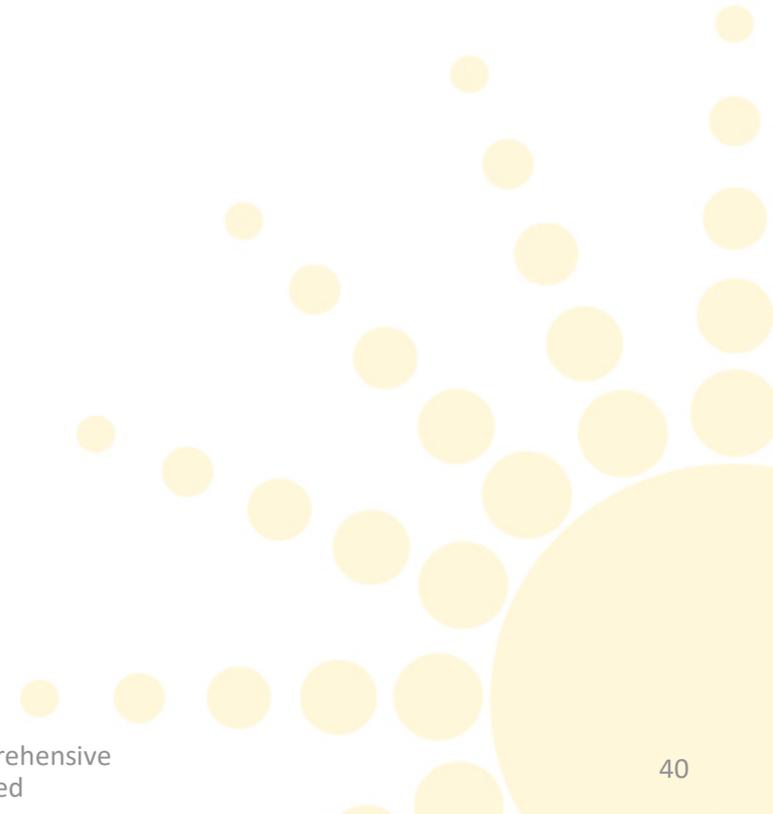
Anticipatory Guidance - Pregnancy

- Family Preparation
- Interview
- Examinations
- Screening
- Oral Health Care
- Oral Hygiene
- Nutrition
- Injury Prevention
- Substance Use/Avoidance
- Outcomes



Anticipatory Guidance - Infancy

- Family Preparation
- Interview
- Risk Assessment
- Screening
- Examination/Preventative Procedures
- Oral Health Care
- Oral Hygiene
- Nutrition
- Non-nutritive Sucking
- Substance Use/ Avoidance
- Outcomes



Anticipatory Guidance – Early Childhood

- Family Preparation
- Interview
- Risk Assessment
- Screening
- Examination/Preventative Procedures
- Oral Health Care
- Oral Hygiene
- Nutrition
- Non-nutritive Sucking
- Injury Prevention
- Substance Use/Avoidance
- Outcomes



Anticipatory Guidance Middle Childhood

- Family Preparation
- Interview
- Risk Assessment
- Screening
- Examination/Preventative Procedures
- Oral Health Care
- Oral Hygiene
- Nutrition
- Non-nutritive Sucking
- Injury Prevention
- Substance use/avoidance
- Outcomes



Anticipatory Guidance - Adolescence

- Family Preparation
- Interview
- Risk Assessment
- Screening
- Nutrition
- Examination
- Oral Health Care
- Oral Hygiene
- Nutrition
- Injury prevention
- Substance Abuse/Avoidance
- Outcomes

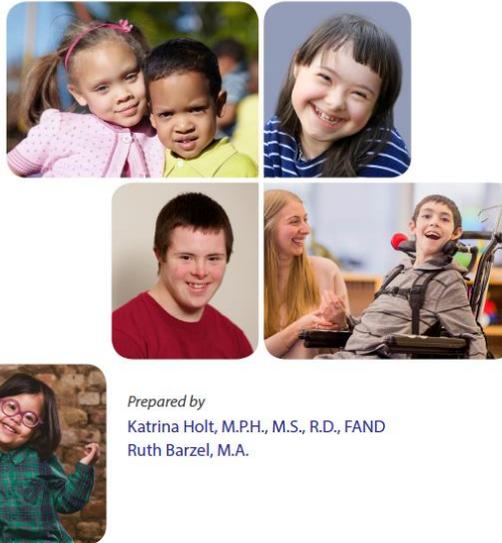


<https://www.mchoralhealth.org/PDFs/cshcn-resource-guide.pdf>

**Oral Health Services for
Children and Adolescents with
Special Health Care Needs**

A Resource Guide

Third Edition



Prepared by
Katrina Holt, M.P.H., M.S., R.D., FAND
Ruth Barzel, M.A.

Reaching across Arizona to provide comprehensive
quality health care for those in need

<https://www.mchoralhealth.org/SpecialCare/>



Welcome

Welcome to *Special Care: An Oral Health Professional's Guide to Serving Children with Special Health Care Needs* (2nd ed.)

This series of five modules is designed to provide oral health professionals with information to help ensure that children with special health care needs have access to health promotion and disease prevention services that address their unique oral health needs in a comprehensive, family-centered, and community-based manner.

Modules

1. [An Overview of Children with Special Health Care Needs and Oral Health](#)
2. [Providing Optimal Oral Health Care](#)
3. [Oral Health Supervision](#)
4. [Prevention of Oral Disease](#)
5. [Behavior Guidance](#)

Post-Tests and Registration

After completing the modules, you can take the post-tests (credit and non-credit options). Registration is required for the credit option.

| [Post-Tests and registration](#) (registration is required for credit option)

After completing the modules and post-tests, please take a moment to fill out the [curriculum evaluation](#). Your feedback will help to improve the curriculum.

Included in the curricula is an [organizations](#) section that lists federal agencies and national organizations that may serve as resources for information and services.

Provider Training

- <http://www.smilesforlifeoralhealth.org/buildcontent.aspx?tut=584&pagekey=64563&cbreceipt=0>.

Course 6:
Caries Risk Assessment, Fluoride Varnish & Counseling



Caries Risk Assessment, Fluoride Varnish and Counseling

This course focuses on caries prevention. It offers a brief review of Early Childhood Caries (ECC) and addresses how the use of fluoride is part of a comprehensive approach to a child's oral health. Specifically, clinicians will learn the benefits, appropriate safety precautions, and dosing for fluoride, as well as how to apply fluoride varnish and provide follow-up care.

Acknowledgements

Course Steering Committee Authors

- ▶ Michelle Dalal, M.D.

Dental Consultant

- ▶ Rocío Quinonez, D.M.D., M.S., M.P.H.

Smiles for Life Editor

- ▶ Melinda Clark, M.D.

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Last Modified:
July, 2017

A Product of: Endorsed by:



Reaching across Arizona to provide comprehensive
quality health care for those in need

AzAAP Provider Training

Fluoride Varnish Application

Location of Training: An online training module is available online at:

<http://www.smilesforlifeoralhealth.org/buildcontent.aspx?tut=584&pagekey=64563&cbreceipt=0>

Description of Training: At the conclusion of this activity, participants will be able to: 1) Discuss the etiology of early childhood caries, 2) Assess a child's risk for developing early childhood caries, 3) Perform an appropriate oral examination on small children, 4) Recognize the various stages of early childhood caries, 5) Discuss the effects, sources, benefits and safe use of fluoride, 6) Demonstrate the application of fluoride varnish.

Schedule your Training: Users do not need to schedule trainings and can participate at your leisure.

Fee: This is been provided free of charge by the Society of Teachers of Family Medicine.

Other trainings: Certificates dated before August 1, 2014 will be accepted. From time to time, web-based learning opportunities present and/or conferences are hosted nationwide to provide training on oral health risk assessment and fluoride varnish application. Providers who can submit certificates that they participated in a fluoride varnish application training sponsored by one of the following organizations will be considered "certified" by AHCCCS:

- Smiles for Life, a National Oral Health Curriculum
- American Dental Association (or any of its State Chapters)
- American Academy of Pediatric Dentistry (or any of its State Chapters)
- American Academy of Pediatrics (or any of its State Chapters)
- American Academy of Family Physicians (or any of its State Chapters)
- American Osteopathic Medical Association (or any of its State Chapters)
- National Association of Pediatric Nurse Practitioners (or any of its State Chapters)
- American Nurses Association (or any of its State Chapters)
- American Academy of Physician's Assistants (or any of its State Chapters)

How to Get Paid:

1. Submit your certificate to [CAQH](#). This [fax cover sheet](#) should be used to send the required documentation of your completed training.

2. Provide fluoride varnish starting from the first tooth eruption to the 2nd birthday. Varnish can be applied every 6 months. (Kids need to be referred by 1yr of age.) Code: D1206

Purchasing Materials: Purchase fluoride varnish materials at any reputable dental supply house such as:

- [Henry Schein Dental Supply](#)
- [Patterson Dental Supply](#)
- [Burkhart Dental Supply](#)
- [Darby Dental Supply](#)

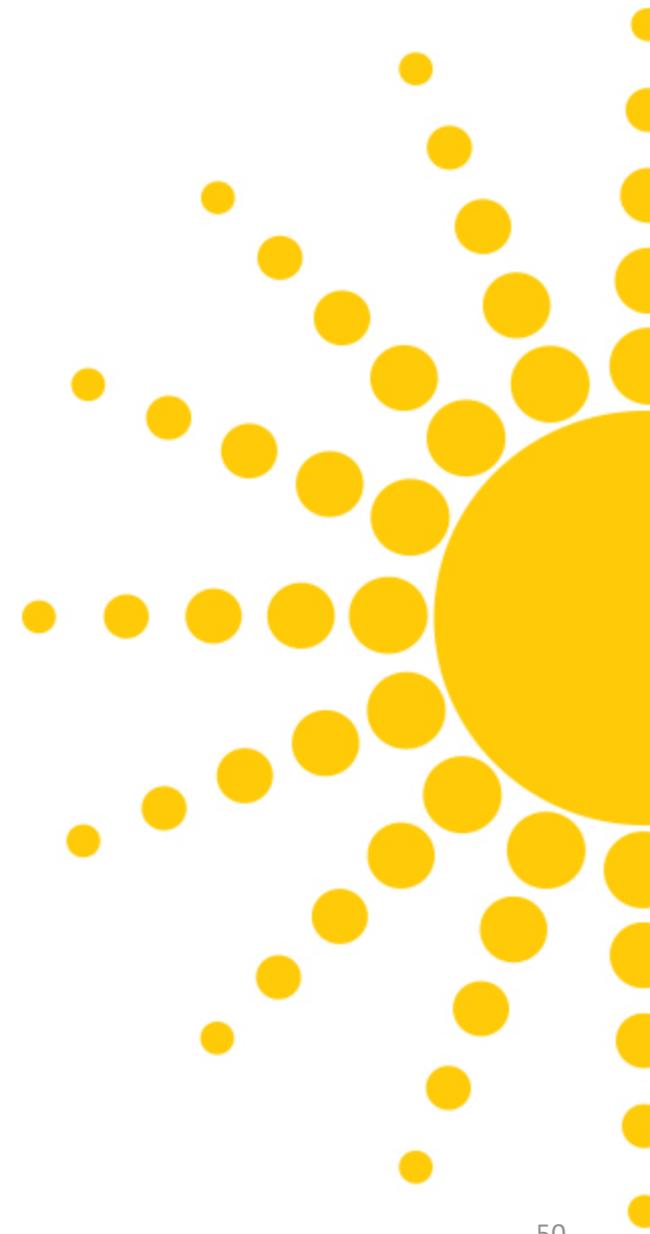
Questions

| QUESTION | TRUE | FALSE |
|--|------|-------|
| All Children older than six (6) months should receive a fluoride supplement every day? | | |
| Parents should start cleaning a child's teeth as soon as the first tooth appears? | | |
| Parents should start brushing their child's teeth with toothpaste that contains fluoride at age 3? | | |
| Children younger than 6 years of age should use enough toothpaste with fluoride to cover the toothbrush? | | |
| Parents should brush their child's teeth twice a day until the child can handle the toothbrush alone? | | |
| Young children should always use fluoride mouth rinses after brushing | | |

Answers

| QUESTION | TRUE | FALSE |
|--|------|--|
| All Children older than six (6) months should receive a fluoride supplement every day? | | Check with your child's doctor or dentist about your child's specific fluoride needs. Parents of a child older than 6 months should discuss the need for a fluoride supplement with the doctor or dentist if drinking water does not have enough fluoride to help prevent cavities |
| Parents should start cleaning a child's teeth as soon as the first tooth appears? | √ | |
| Parents should start brushing their child's teeth with toothpaste that contains fluoride at age 3? | | Parents should start using toothpaste with fluoride to brush their child's teeth at age 2. Toothpaste with fluoride may be used earlier if the child's doctor or dentist recommends it. |
| Children younger than 6 years of age should use enough toothpaste with fluoride to cover the toothbrush? | | Young children should use only a pea-sized amount of fluoride toothpaste. Fluoride is important for fighting cavities, but if children younger than 6 years swallow too much fluoride, their permanent teeth may have white spots. Using no more than a pea-sized amount of toothpaste with fluoride can help keep this from happening |
| Young children should always use fluoride mouth rinses after brushing | | Fluoride mouth rinses have a high concentration of fluoride. Children younger than 6 years should not use fluoride mouth rinses unless the child's doctor or dentist recommends it. Young children tend to swallow rather than spit, and swallowing too much fluoride before age 6 may cause the permanent teeth to have white spots. |
| Parents should brush their child's teeth twice a day until the child can handle the toothbrush alone? | √ | |

Questions?



Thank You.

