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## DEPARTMENT OF ECONOMIC SECURITY

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*Your Partner For A Stronger Arizona*

### **In-Home and Community Supports**

The Division of Developmental Disabilities contracts with Qualified Vendors to provide in-home and community supports. Services and supports for individuals living in their own or family home are available throughout the state. Services are based on medical necessity and cost effectiveness. Individuals may also go to an employment or day program during the day. In-home and community supports include:

- **Attendant Care** – This service provides a trained direct care worker (DCW) to assist a person to create or maintain safe and healthy living conditions. They also assist with maintaining personal cleanliness and activities of daily living. The DCW might help with bathing and dressing. Training and testing of direct care workers is required. For more information, see the website at [www.azahcccs.gov/dcw](http://www.azahcccs.gov/dcw)
- **Day Treatment and Training** – This service provides training, supervision, and activities as appropriate. It promotes skill development. This service is primarily offered in a community setting. It is intended to help people learn safety skills and socialize.
- **Employment Services and Supports** – These services provide people with the help needed to get and keep a job. Six different services are provided under Employment Services and Supports.
  - Individual Supported Employment – This service provides on-the-job training to assist an individual in learning the job. The person is hired by the company that they work for. They are paid just like any other employee.
  - Employment Support Aide – This service provides people with ongoing one-on-one support needed for them to remain in their job.
  - Group Support Employment – On-site supervision is provided to small groups of people working in an integrated community setting. Groups range from two to six individuals. The person is normally paid by the Division's service provider.
  - Center-Based Employment – Supervised work and vocational training are provided within a provider facility where most of the workers are persons with a disability. Workers are paid based on their productivity.
  - Transition to Employment – This service provides a Division member with individualized instruction, training and supports to promote skill development for integrated and competitive employment.
  - Transportation – This service provides transportation for people to and from employment location for one of the employment services listed above.
- **Habilitation** – Methods and training to increase an individual's abilities are provided. Typically considered a teaching service, Habilitation may be provided in a person's home or in the community. It might include activities to help a person learn to become more independent (for example, learning to cook a meal or balance a



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checkbook). These services are specific to the member's needs as identified in their Planning Document.

- **Home Health Aide** – The Home Health Aide provides medically necessary health maintenance, continued treatment or monitoring of health conditions in the person's home. Services may include assistance with activities of daily living. The aide works under the supervision of a registered nurse, and follows a prescribed plan of care that is based on the person's medical condition.
- **Home Modifications** – Some people who are eligible for ALTCS may receive some types of home modifications. These modifications remove barriers, making it easier for individuals to be more independent in their homes. This service covers only modifications to an existing structure. It does not cover adding on to the home. Modifications can be made to individually or family-owned homes where the person with a disability resides. If the home is rented, the owner must give written consent to modify the home. The owner may require that the renter restore the premises to the condition that existed prior to the modification.
- **Homemaker** - This service provides supports for a variety of housekeeping tasks. It allows a person to have their home kept in a clean and healthy condition.
- **Nursing** – Skilled nursing services are provided in the person's home. Services may include care related to a specific condition or coordination of medical services. It also may include accessing other medical services. Education about medical needs and supports may be provided.
- **Respite** – This service provides a trained person to supervise and care for an individual. The purpose of respite is to relieve the caregivers. Caregivers can go to a movie, out to dinner, take a vacation, or even take a nap. Respite may be provided over night. This service may be provided in the person's home or the provider's home. When necessary, respite may be provided by a nurse.
- **Therapies (Occupational, Physical and Speech)** – These services maintain or improve the functional abilities of the individual. Therapy services are not intended to be long term. Physical therapy is limited to 15 visits per year for an individual over age 21.
- **Transportation (non-emergency)** – Transportation to therapy appointments or day programs is provided. Ambulance services are not included as part of the home and community-based service Transportation; however, Ambulance services are available in the event of an emergency as part of the member's acute physical health plan.

Providers are certified by DES and registered with AHCCCS. DES monitors Qualified Vendor and Individual Independent Providers to ensure compliance with legal requirements, such as staff training and background fingerprint clearance. Support Coordinators visit quarterly with members and their families at their home to review and update the member's Planning Document.