



320-E HEALTH AND BEHAVIOR INTERVENTION

REVISION DATES: 03/01/14, 10/01/13, 05/01/07

INITIAL
EFFECTIVE DATE: 10/01/2006

DESCRIPTION

Health and behavioral assessment procedures (CPT codes 96150-96155) are used to identify and treat the psychological, behavioral, emotional, cognitive and social factors important to the prevention, treatment and management of physical health problems. The focus of the assessment is not on mental health, but on the stresses, expectations, lifestyle and perceptions that are associated with the underlying medical condition. Codes 96150 - 96155 describe services offered to members who present with primary physical illnesses, diagnosis or symptoms and may benefit from assessments and interventions that focus on the biopsychosocial factors related to the member's health. These services do not represent preventative medicine counseling and risk factor reduction interventions. Therefore, evaluation and management services codes (including preventative medicine, individual counseling codes 99401-99404 and preventative medicine, group counseling codes 99411- 99412) should not be reported on the same day.

AMOUNT, DURATION AND SCOPE

AHCCCS covers medically necessary health and behavioral assessment procedures (CPT codes 96150-96155). The focus of the assessment/interventions is not on mental health but the biopsychosocial factors important to physical health problems and treatment. The focus of the intervention is to improve the member's health and well-being utilizing cognitive, behavioral, social, and/or psychophysiological procedures designed to ameliorate specific disease-related problems.

Individuals requiring the service(s) described above must not be referred to the Integrated Regional Behavioral Health Authorities (Integrated RBHAs) or Regional Behavioral Health Authorities (RBHAs).

CODES

- 96150- Health and behavior assessment (e.g. health-focused clinical interview, behavioral observations, psychophysiological monitoring, health-oriented questionnaires), each 15 minutes face-to-face with the patient; initial assessment.
- 96151 - Re-assessment
- 96152 - Health and behavior intervention, each 15 minutes, face-to-face; individual
- 96153 - Group (two or more patients)
- 96154 - Family (with the patient present)
- 96155 - Family (without the patient present)



CHAPTER 300
MEDICAL POLICY FOR AHCCCS COVERED SERVICES
POLICY 320
SERVICES WITH SPECIAL CIRCUMSTANCES

The following professionals are approved by AHCCCS to provide health and behavioral assessments/interventions:

1. Psychologist
2. Licensed clinical social worker
3. Licensed marriage and family therapist
4. Licensed professional counselor, and
5. Psychiatric nurse practitioner

Health and behavior intervention services may be performed in the following places of service:

1. Federally Qualified Health Clinic (FQHC)
2. Rural Health Clinic
3. Provider Office
4. The member's home
5. Indian Health Service (IHS) Freestanding Facility
6. IHS Provider Based Facility
7. Tribal 638 Freestanding Facility, and
8. Tribal 638 Provider Based Facility.
9. Integrated Behavioral Health Residential Facility

LIMITATIONS

1. Services are limited to 48 units annually (unit is equal to 15 minutes).

Members with mental health treatment needs exceeding the scope or duration of services described (which are medical codes for behavioral health interventions) should be appropriately referred for behavioral health services that will require the specific use of behavioral health codes.

2. Services are limited to the providers and settings listed above.